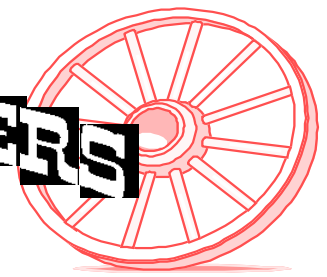


COUNTRY CLUB DANCERS



Keepin it Country (aka The Rondane)

Dance taught by Karen Blazer for the Country Club Dancers 04-15-2024

Choreographed by: Stefan Schützer (NOR), Tanja Enget (NOR), Heidi Brenden (NOR) and Tine Hildisch (NOR), February 2024

Description: 32 count 4 wall Beginner line dance

Music: **Keepin It Country** by James Johnson, 102 bpm, Album: **Raised Like That**, September 2023

Intro: 16 counts

Restart on walls 3 and 7 after 16 counts; End dance on wall 10 after 12 counts

1 – 8 **Step, Step, Shuffle forward, ½ Shuffle R, Coaster step**

1-2 Step RF forward [1], Step LF forward [2]

3&4 Step RF forward [3], Step LF next to RF [&], Step RF forward [4]

5&6 Step LF ¼ turn right [5], Step RF next to LF [&], Step LF back ¼ turn right [6] (6:00)

7&8 Step RF back [7], Step LF next to RF [&], Step RF forward [8]

9 – 16 **Toe, Heel, Cross, Toe, Heel, Cross (moving forward), ¼ Turn right (pivot), Cross shuffle**

1&2 Touch L toe next to RF [1], L Heel forward [&], Step LF forward a little in cross of RF [2]

3&4 Touch R toe next to LF [3], R heel forward [&], Step RF forward a little in cross of LF [4]

5-6 Step LF forward [5], Pivot ¼ turn right transferring weight to RF [6] (9:00)

7&8 Cross LF over RF [7], Step RF to right [&], Cross LF over RF [8]

Restart here on walls 3 and 7 facing 3:00

17 – 24 **Side, Together, Side, Touch, Vine to left**

1-2 Step RF to right [1], Step LF next to RF [2]

3-4 Step RF to right [3], Touch LF next to RF [4]

5-6 Step LF to left [5], Cross RF behind LF [6]

7-8 Step LF to left [7], Touch RF next to LF [8]

25 – 32 **Syncopated heel, hook switches**

1&2 R heel forward [1], Step RF next to LF [&], L heel forward [2]

&3&4 Step LF next to RF [&], R heel forward [3], Hook RF cross over LF [&], R heel forward [4]

&5&6 Step RF next to LF [&], L heel forward [5], Step LF next to RF [&], R heel forward [6]

&7&8 Step RF next to LF [&], L heel forward [7], Hook LF cross over RF [&], Stomp LF next to RF [8]

Ending on wall 10 (9:00): Do the first 12 counts, then: Pivot ½ turn, Pivot ¼ turn to the right

Country Club Dancers – Line & Partner Dance Lessons every
Monday at The Columbian Hall in West Bend, WI
www.countryclubdancers.com

Keepin It
Country
04-15-24