



Next meeting:

November 25th

Meeting back at the International
"Club Assembly"

December 2nd

Meeting

Speaker:

T.B.A.

December 9th

Meeting

Speaker:

T.B.A.

Board 2019-2020:

President:

Shane Thomas

Past President:

Peter Cracknell

Secretary:

Peter Richards

Treasurer:

Greg Sharman

Directors:

Community Service:

Ross Augustine

Finance &

Fundraising:

David McKenzie

Youth, International &

Vocational:

John Albery

Membership:

Bob Smith

Club Service:

Mark Rees

President's Report:

Hi All

Getting better every week, no masks outside !!! (I hate masks!) but even better than that we are back at the International for our breakfast meetings, can't wait to see you all again in the flesh.

Thanks to Ginevra Hosking CEO of Committee for Greater Frankston, for last week's presentation on what's happening in our neck of the woods. It's always amazed me how such a fantastic place like Frankston with so much to offer seems to always seem to get a bum rap and has so many bad decisions made on our behalf by "the powers that be".

Good to see Tony Carter making a speedy recovery from his hip op, and Pete Richards is getting closer to being able to have the next knee op, fingers crossed for Pete.

Cheers

Shane

CSF's Annual Community appeal:

30TH Annual Frankston Community Appeal



OUR LOCAL COMMUNITY NEEDS YOUR HELP

2020 has been one of the most challenging times in history with the onslaught of the Covid-19 pandemic – a year that has seen the demand for emergency food relief increase exponentially, but an opportunity exists now for you to share in the Spirit of Christmas by assisting Community Support Frankston with the **2020 Frankston Community Appeal** in support of disadvantaged people and families experiencing poverty in Frankston with Festive food relief.

Last year's community donations helped us put together a record total of **726 hampers** that assisted **1871 people**, including **980 children and 891 adults**, and this year, being the **30th Anniversary** of the Appeal, and with your help, we'd like to support even more disadvantaged people and families by increasing the number of hampers we distribute.

We are seeking cash donations to buy non-perishable groceries so we can put together festive hampers.

Community Support Frankston works with Operation Larder, in conjunction with a number of agencies, including WAYSS Domestic Violence Outreach, St Vincent de Paul, Salvo Care Eastern (Crisis Centre), Peninsula Health and local schools (these organisations all receive Christmas hampers for their clients as part of the appeal), and we all work together, with one point for hamper distribution that:

- *Enables us to stretch our combined limited resources*
- *Assists more families through fairer allocation of donations*

The **30th Annual Frankston Community Appeal** is a meaningful way to contribute to local families who face hardship during Christmas time. All monetary donations over \$2.00 are tax deductible and 100% of your donation is spent on helping those in need. Please send your donation to:

**CSF Material Aid Trust
Community Support Frankston
35 Beach Street
Frankston 3199**

Alternatively, donations can also be made electronically through the '[Make a Donation](#)' [GiveNow link](#) on our webpage – www.frankston.net, or please contact me directly if you would prefer to make a cash or in-kind contribution.

We would be more than happy to chat with any group, individual or business that's looking to find out more about the Appeal and how you can get involved with assisting some of Frankston's most financially disadvantaged families.

Warm Regards

Steve Phillips
Manager
Community Support Frankston
35 Beach Street
FRANKSTON VIC 3199
Phone: 03 9783 7284
Fax: 03 9783 7731

Cyber Security:

Your company may have comprehensive cybersecurity policies for you and co-workers to follow. But even with these protections, it's important to stay on guard to help assure your company's data and network are safe and secure.

Does it make a difference if you work for a small or midsize company? Hackers often target large organizations, but smaller organizations may be even more attractive. Why? Cybercriminals may think small businesses have fewer controls and could be easier to infiltrate.

Your company may have the best security software and most comprehensive office policies, but your actions play a big part in helping to keep data safe. Consider this: A single employee could make a mistake by sharing sensitive company information on their smartphone or clicking on a corrupt link — and that could lead to a data breach. When you work at a small or midsize company, it's smart to learn about cybersecurity best practices.

If you educate yourself about the small things that contribute to cybersecurity, it can go a long way toward helping to protect your organization.

10 cybersecurity best practices -

Cybersecurity best practices encompass some general best practices — like being cautious when engaging in online activities, abiding by company rules, and reaching out for help when you encounter something suspicious. Here's a deeper dive into the 10 cybersecurity best practices for businesses that every employee should know and follow.

1. Protect your data

In your daily life, you probably avoid sharing personally identifiable information like your Social Security number or credit card number when answering an unsolicited email, phone call, text message, or instant message. It's important to exercise the same caution at work. Keep in mind that cybercriminals can create email addresses and websites that look legitimate. Scammers can fake caller ID information. Hackers can even take over company social media accounts and send seemingly legitimate messages.

It might sound obvious, but it's important not to leak your company's data, sensitive information, or intellectual property. For instance, if you share a picture online that shows a whiteboard or computer screen in the background, you could accidentally reveal information someone outside the company shouldn't see.

2. Avoid pop-ups, unknown emails, and links

Beware of phishing. Phishers try to trick you into clicking on a link that may result in a security breach.

Phishers prey on employees in hopes they will open pop-up windows or other malicious links that could have viruses and malware embedded in them. That's why it's important to be cautious of links and attachments in emails from senders you don't recognize. With just one click, you could enable hackers to infiltrate your organization's computer network.

Here's a rule to follow: Never enter personal or company information in response to an email, pop-up webpage, or any other form of communication you didn't initiate. Phishing can lead to identity theft. It's also the way most ransomware attacks occur.

Your company can help by employing email authentication technology that blocks these suspicious emails. You'll usually be notified that the email has been sent to a quarantine folder, where you can check to see if it's legitimate or not.

Be cautious.

Cyber Security Cont:

3. Use strong password protection and authentication

Strong, complex passwords can help stop cyberthieves from accessing company information. Simple passwords can make access easy. If a cybercriminal figures out your password, it could give them access to the company's network. Creating unique, complex passwords is essential.

A strong password contains at least 10 characters and includes numbers, symbols, and capital and lowercase letters. Companies also should ask you to change your passwords on a regular basis. Changing and remembering all of your passwords may be challenging. A password manager can help.

4. Enable firewall protection at work and at home

Having a firewall for the company network and your home network is a first line of defence in helping protect data against cyberattacks. Firewalls prevent unauthorized users from accessing your websites, mail services, and other sources of information that can be accessed from the web.

Don't just rely on your company's firewall. Install one on your home network if you work from home.

5. Install security software updates and back up your files

Following IT security best practices means keeping your security software, web browsers, and operating systems updated with the latest protections. Antivirus and anti-malware protections are frequently revised to target and respond to new cyberthreats.

If your company sends out instructions for security updates, install them right away. This also applies to personal devices you use at work. Installing updates promptly helps defend against the latest cyberthreats.

Cyberthreats often take aim at your data. That's why it's a best practice to secure and back up files in case of a data breach or a malware attack. Your company will probably have rules about how and where to back up data. Important files might be stored offline, on an external hard, drive, or in the cloud.

6. Embrace education and training

Smart companies take the time to train their employees. Your responsibility includes knowing your company's cybersecurity policies and what's expected of you. That includes following them. If you're unsure about a policy, ask.

Here's an example. Maybe you wear a smart watch at work. It's important to protect personal devices with the most up-to-date security. You'll also want to know and follow your company's Acceptable Electronic Use (AEU) policy. When you Bring Your Own Device — also known as BYOD — ask your IT department if your device is allowed to access corporate data before you upload anything to it. Always be sure to use authorized applications to access sensitive documents.

A little technical savvy helps, too. Learning the process for allowing IT to connect to your devices, along with basic computer hardware terms, is helpful. That knowledge can save time when you contact support and they need quick access and information to resolve an issue.

Trusted Anti-Virus Software: Norton, McAfee.

Information for this article comes from: us.norton.com

Birthdays & anniversaries this month:

3/11/1948
Bruce McGregor 72

22/11/2004
Jordan Russo 16

26/11/1941
Rob Barr 79

Coming Events/Save the Date!:

Monday 2 November - 30 November

Blackwood Virtual Super Ride

Friday 4 December, 2020

Possible Blackwood Golf Day with adjoining working bee

Saturday 19 December, 2020

Bunnings BBQ

Monday, March 15, 2021



Macca has advised that we have booked our 2021 corporate charity golf day back at Peninsula Kingswood Country Golf Club for Monday, March 15, 2021!

Mark it in your diaries!

More information to come!

Stay tuned for 2021 date!

Children of Ghana Charity Ball

Mornington Race Course

Tickets: \$149 per head

Looking for sponsors, donations and full club attendance

Rotary's 4 Way Test:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Director's Reports:

Treasury:

This week we paid \$950.00 to Ms Charlotte Thompson which is 50% of her NYSF fee.

No other changes to our Accounts.

- Treasurer - Shars

Finance and Fundraising -

"The latest easing of COVID restrictions provides some hope that the 2021 Golf Day will go ahead as scheduled. I plan to meet with management at Peninsula Kingswood this week to map a potential pathway and what the possibilities are.

Fingers crossed there are no COVID outbreaks between now and March"

- Finance and Fundraising Director - Macca

Community Service:

Blackwood bike ride total of 277 km for Tony to add to his total.

Looks like there will be a number of opportunities to help out at Community Support Frankston.

CHRISTMAS HAMPERS:

- Tues 8th Dec 1-4 pm pick up items for hampers

- Wed 9th Dec 9 am- noon packing hampers.

- Thurs 10th Dec 9am-noon delivery of hampers.

- Fri 11 Dec From 9am prep of additional 300 hampers.

DRIVERS:

- CSF may need drivers for pick up and delivery, probably 2-3 hours.

KOGAN DELIVERY:

Kogan have donated \$80,000 of goods to CSF and they will need a hand unpacking and storing these. Will advise of dates later.

Steve needs names of anyone who can help so let me know and I will pass on to Steve.

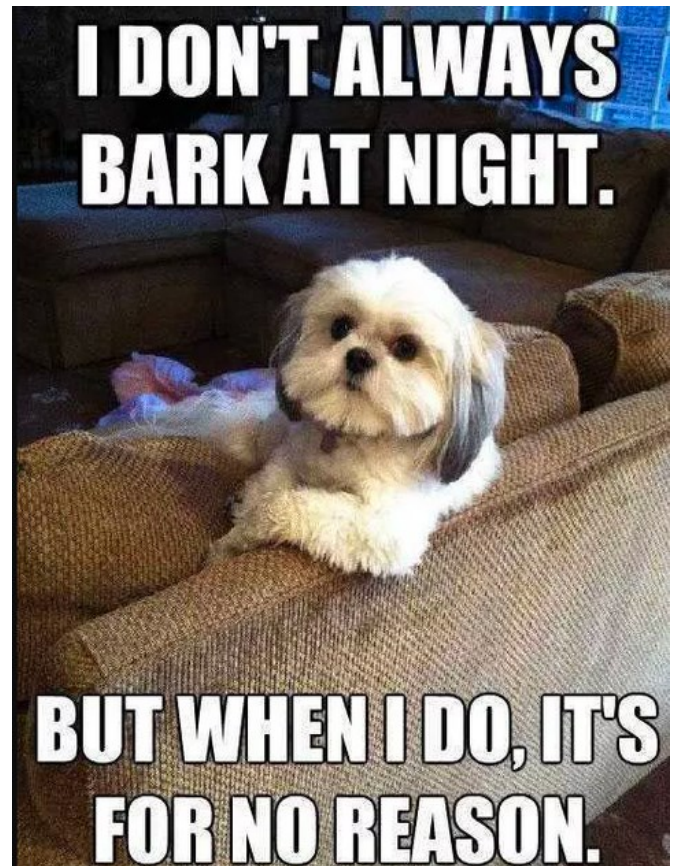
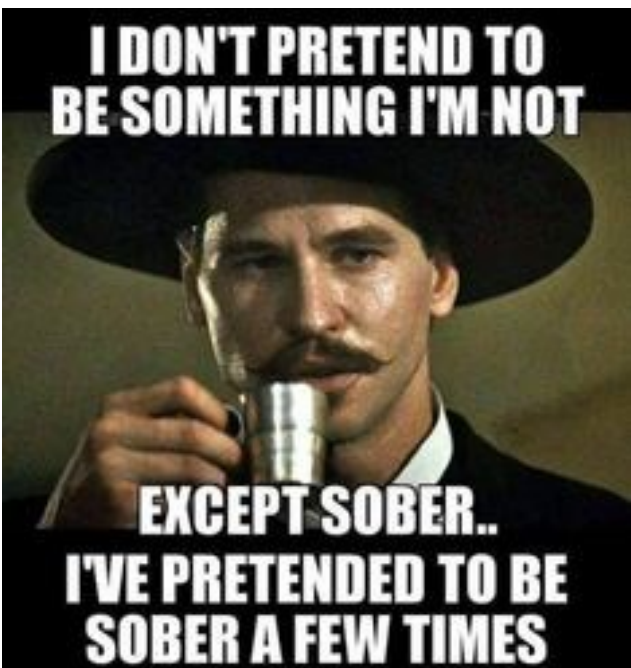
- Director Rosscoe

On the Lighter Side:

A sign used in Australia indicating that slow drivers are about to increase their speed.



**WHEN YOU'RE
DONE WITH WINTER**



What in the World:



Batllava Lake, Kosovo.

On this day in... November 25:

Event: **1792** - Benjamin Banneker (Mathematician, Astronomer) first publishes his Farmer's Almanac. **1867** - US Congress commission looks into "impeachment" of President Andrew Johnson. **1911** - Australasian Championships Men's Tennis, Melbourne: **1907** - Wimbledon champion Norman Brookes of Australia beats countryman Horace Rice 6-1, 6-2, 6-3. **1960** - "Amos 'n' Andy" made its last broadcast on CBS radio. **1986** - Iran-Contra affair erupts, President Reagan reveals secret arms deal. **1988** - Convention on exploitation of Antarctic mineral resources signed. **2000** - 12th Rugby League World Cup: Australia beats New Zealand 40-12. **2013** - Disney release "Frozen: Original Motion Picture Soundtrack" (Grammy Award for Best Compilation Soundtrack for Visual Media 2015, 2014 Billboard Album of the Year).

Births: **1835** - Andrew Carnegie, Scottish-American industrialist, steel tycoon, philanthropist and one of the richest Americans ever, born in Dunfermline, Scotland. **1950** - Alexis Wright (Aboriginal Australian writer best known for winning the Miles Franklin Award for her 2006 novel Carpentaria and the 2018 Stella Prize for her "collective memoir" of Leigh Bruce "Tracker" Tilmouth). **1950** - Jocelyn Brown, American R&B and dance singer, born in Kinston, North Carolina. **1967** - Anthony Nesty, Suriname swimmer (Suriname's 1st Olympic gold medal 100m butterfly 1988), born in Trinidad & Tobago

Deaths: **1916** - Inez Milholland, American suffragist (National Woman's Party), labor lawyer and socialist, dies at 30 after suffering from pernicious anaemia. **1998** - Nelson Goodman, American philosopher (known for his work on counterfactuals, mereology, the problem of induction, irrealism, and aesthetics.)

Please remember to invite your friends to like the club's Facebook page.
- Plus when you see a new post, Like the post and share it with your friends!
Link: <https://www.facebook.com/rotaryfrankstonsunrise>