

### **Appendix 3 – Team Runner Pre Game Check List**

The following instructions must be read by ANY person taking on the role of Runner before they enter they accept the role.

As a Runner for a SDJFC Team I agree to abide by the following requirements:

- The team runner has read and understood all of the following requirements.
- The team runner agrees to be bound by all SDJFC Club policies and Codes of Conduct.
- The runner must be aged at least 18 years of age and must wear suitable shoes.
- Runners per Team
  - Y3 – No Runners permitted – Coach Permitted on Oval
  - Y4 – 18s - One Runner per team
  
- Runners will wear the designated SDJFC Team Runner vest
- Runners are permitted to only deliver coaches messages and must leave the ground immediately the message is delivered.
- Runners must enter and leave the field via the Interchange.
- Runners are not permitted to carry water.
- Runners are not permitted to remain on ground.
- Runners are not permitted to coach on the ground.
- Runners must never talk or give any instruction to the umpire.
- Runners must never communicate in any way to an opposition player.
- Runners must not become involved in the play, a 50m penalty may be applied by the umpire.
- Runners must not talk, gesture, and argue with opposition players, team officials, spectators or spectators.
- Runners need to acknowledge that what they say may incite or inflame unwanted behaviour from others. Runners actions may be reported with consequences for not only the Runner but the Team and the Club.
- Runners are designated Game Officials and can be reported. Reported Runners may incur a fine and the Runner agrees to pay any such fine if levied on SDJFC by the WAFC.