



Next meeting:

May 6th
Zoom Meeting

May 13th
Zoom Meeting

May 20th
Zoom Meeting

Board 2019-2020:

President:
Peter Cracknell
Past President:
Cliff Leckning
Secretary:
Peter Richards
Treasurer:
Greg Sharman
Directors:
Community Service:
Ross Augustine
Finance & Fundraising:
Shane Thomas
Youth, International & Vocational:
John Albery
Membership:
Bob Smith
Club Service:
Mark Rees

President's Report:

Starting to see some light at the end of the tunnel and hopefully we are getting closer to some slight easing of the restrictions.

Last Wednesday's Zoom meeting had the addition of an 80's trivia quiz, with Greg emerging as the winner and Robert, who wasn't born until the last year of the decade valiantly fighting through and I am pleased to report, he didn't come last!

This week, we will mix our weekly catch up with another activity, so hopefully even more of you can jump on board. Everyone is enjoying the chance to keep in touch. Starting at 7.45am, you get a sleep in on our normal meeting time and we are finished by 8.25 latest, so there really is no reason for anyone not to be able to be there!

Monday night we will have our first Zoom Board meeting, so we can also give a quick update on that front on Wednesday.

I was also really pleased to hear from Frankston High that their planning efforts are continuing for the launch of Interact, although it is delayed for the moment. I will give everyone an update on Wednesday.

As always, best wishes to everyone and their families. Keep positive, keep social distancing and keep in touch with each other.

Best wishes,
Peter



The COVIDSafe app is part of our work to slow the spread of [COVID-19](#). Having confidence we can find and contain outbreaks quickly will mean governments can ease restrictions while still keeping Australians safe.

The new COVIDSafe app is completely voluntary. Downloading the app is something you can do to protect you, your family and friends and save the lives of other Australians. The more Australians connect to the COVIDSafe app, the quicker we can find the virus.

For detailed questions and answers about this app, see our [COVIDSafe app FAQs](#).

Website: www.rotaryfrankstonsunrise.org.au

Facebook: www.facebook.com/rotaryfrankstonsunrise

Birthdays &
anniversaries this
month:

5/05/1956
Cheryl Carter

20/05/1950
Suzanne Richards

21/05/1948
Coryn Augustine

21/05/1967
Laurelle Coppard

27/05/1942
Ian Stapleton 78

Coming Events/Save the Date!:

Postponed

Noel Bowman Memorial Golf Day
- Eagle Ridge GC

Cancelled

Rotary at the Football

Cancelled

Car Rally

Cancelled for 2020, stay tuned for 2021 date!

Children of Ghana Charity Ball
Mornington Race Course
Tickets: \$149 per head
Looking for sponsors, donations and full club attendance

Sunday 26 August, 2020

Bunnings BBQ

Sunday Oct 18th, 2020

2nd Treadmill Challenge

Saturday 28 November, 2020

Bunnings BBQ

Rotary's 4 Way Test:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

In this space:

Saw this poem during the week and it brightened my day.

Weary Will

by Andrew Barton "Banjo" Paterson:

The strongest creature for his size
But least equipped for combat
That dwells beneath Australian skies
Is Weary Will the Wombat.

He digs his homestead underground,
He's neither shrewd nor clever;
For kangaroos can leap and bound
But wombats dig forever.

The boundary rider's netting fence
Excites his irritation;
It is to his untutored sense
His pet abomination.

And when to pass it he desires,
Upon his task he'll centre
And dig a hole beneath the wires
Through which the dingoes enter.

And when to block the hole they strain
With logs and stones and rubble,
Bill Wombat digs it out again
Without the slightest trouble.

The boundary rider bows to fate,
Admits he's made a blunder
And rigs a little swinging gate
To let Bill Wombat under.

So most contentedly he goes
Between his haunt and burrow:
He does the only thing he knows,
And does it very thorough.



History in action: Spanish Flu 1918:

The Spanish flu, also known as the 1918 flu pandemic, was an unusually deadly influenza pandemic. Lasting from spring 1918 through spring or early summer 1919, it infected 500 million people – about a third of the world's population at the time. The death toll is estimated to have been anywhere from 17 million to 50 million, and possibly as high as 100 million, making it one of the deadliest pandemics in human history.

To maintain morale, World War I censors minimized early reports of illness and mortality in Germany, the United Kingdom, France, and the United States. Newspapers were free to report the epidemic's effects in neutral Spain, such as the grave illness of King Alfonso XIII, and these stories created a false impression of Spain as especially hard hit. This gave rise to the name Spanish flu. Historical and epidemiological data are inadequate to identify with certainty the pandemic's geographic origin, with varying views as to its location.

Despite its name, historical and epidemiological data cannot identify the geographic origin of the Spanish flu. The origin of the "Spanish flu" name stems from the pandemic's spread to Spain from France in November 1918. Spain was not involved in the war, having remained neutral, and had not imposed war-time censorship. Newspapers were therefore free to report the epidemic's effects, such as the grave illness of King Alfonso XIII, and these widely-spread stories created a false impression of Spain as especially hard hit.

Nearly a century after the Spanish flu struck in 1918–1920, the World Health Organization (WHO) called on scientists, national authorities and the media to follow best practices in naming new human infectious diseases to minimize unnecessary negative effects on nations, economies and people. More modern terms for this virus include the "1918 influenza pandemic," the "1918 flu pandemic," or variations of these

Most influenza outbreaks disproportionately kill the very young and the very old, with a higher survival rate for those in between, but the Spanish flu pandemic resulted in a higher than expected mortality rate for young adults. Scientists offer several possible explanations for the high mortality rate of the 1918 influenza pandemic. Some analyses have shown the virus to be particularly deadly because it triggers a cytokine storm, which ravages the stronger immune system of young adults. In contrast, a 2007 analysis of medical journals from the period of the pandemic found that the viral infection was no more aggressive than previous influenza strains. Instead, malnourishment, overcrowded medical camps and hospitals, and poor hygiene, all exacerbated by the recent war, promoted bacterial superinfection. This superinfection killed most of the victims, typically after a somewhat prolonged death bed.

The Spanish flu was the first of two pandemics caused by the H1N1 influenza virus; the second was the 2009 swine flu pandemic.

1919: Influenza pandemic reaches Australia :

Despite a swift quarantine response in October 1918, cases of Spanish flu began to appear in Australia in early 1919. About 40 per cent of the population fell ill and around 15,000 died as the virus spread through Australia.



Brisbane 1919

Information from American CDC and the National Museum of Australia.

For more detailed information visit: <https://www.nma.gov.au/defining-moments/resources/influenza-pandemic>

12 Hour Treadmill Challenge



Rotary Frankston Sunrise
12 HR TREADMILL CHALLENGE

@rotaryfrankstonsunrise
@corehealthclubs

A team challenge supporting Very Special Kids

8am to 8pm
Sunday 18th October 2020
CORE24 Health Clubs
313 Nepean Hwy, Frankston



Supporter
Event

core24
HEALTH CLUBS

Rotary
Frankston Sunrise



100%
of all funds raised
will help children in
24 hour care

For more information or to register, call Mark
on 0411 519 560 or email mark@mrevents.com.au

Steps to success



1. Commit to the challenge

Secure your treadmill by registering a team. The Corporate sponsorship of \$1,000 covers the cost of the event, which means that 100% of your team's fundraising efforts will go directly to helping children in 24 hour care at Very Special Kids Hospice.



2. Choose your fearless leader

The Team Captain will work closely with Rotary Frankston Sunrise and take charge of your teams' activities to guide the group towards the team fundraising goal.



3. Build your team of Participants

With 30 minute time slots to fill over the 12 hours, a team of up to 24 fundraising foot soldiers will help complete the challenge. Walking is an option for those who prefer a steadier pace.



4. Enlist the support of family and friends

Participants should ask for sponsors to help reach your fundraising goal. Set up your own personal online fundraising page at <https://vsk.grassrootz.com/rotary-frankston-sunrise-12-hr-treadmill-challenge> and share with family and friends on social media and with peer networks.



5. Enjoy the event

Run or walk with your heart and celebrate in the camaraderie with like-minded people who are all taking on the challenge to raise funds for children with life-threatening conditions.

All teams receive 4 x 1 Month All Club Team Training Memberships
valued at \$199 to help you prepare for the challenge*



Supporter
Event

core24
HEALTH CLUBS

Rotary
Frankston Sunrise

*Smith Membership for non-members only

To all members of Rotary District 9820 :

Janne Speirs - Emergency Management Chair - is calling out for knitted goods. Obviously as the weather cools, the need for warm clothes is increasing!

What is needed: Knitted or purchased through clubs - Adult beanies, scarves in football team colours, children's knits (2 through to 10 year olds) or even 'fashion' scarves. There doesn't seem to be a huge call for babywear.

If you, your family or your club would like to assist in this important task - not just for its practical value but also the moral support of those who've lost so much then please get knitting and/or send your finished products to the address below.

Where: Mrs J Speirs, 218 Webbs Road, Gormandale 3873

Directors Reports:

Community Service:

John Albery, Bob Smith and I had a tour of the MSFIN warehouse on Thursday and then made deliveries to Cranbourne area (Bob) Hastings (John) and myself to Seaford and Frankston. The appreciation from the recipients for the help from Rotary and MSFIN was great to see and made you appreciate the hardship being experienced by members of our community.

MSFIN are waiting for addresses for further deliveries (One of mine was a full car load 3 boxes, 5 bags of clothes, pram, car seat, cot and cleaning gear) and will advise us when we can be of further help.

Kia and Jodie said they would be happy to come and speak to the club when things return to normal.

- Community Service Director Ross A.

International:

NYSF 2021, District 9820 Key points:

- Applications now open for year 11 students
- 600 places Australia wide
- D9820 Rotary quota 28 students for January 2021

Selection process yet to be finalised.

Sunrise will liaise directly with our current school contacts. Teachers to encourage students to apply directly online with the support and encouragement of Sunrise

I will endeavour to spell out the details in this column ...STEM and NYSF etc... as the process unfolds over the next few months, so that all members can follow its development.

- International, Vocation and Youth Director John A.

Where in the World?

No updates

What in the World:



On this day in... May 6:

Event: 1889: Exposition Universelle (World's Fair) in Paris opens with the recently completed Eiffel Tower serving as the entrance arch. **1937:** German airship Hindenburg explodes in flames at Lakehurst, New Jersey, killing 35 of the 97 on board and 1 on the ground. **1987:** Mario Andretti sets one-lap speed record at Indy at 218.204 MPH. **2019:** One million plant and animal species are now at risk of extinction according to a major new UN report.

Births: 1758: Maximilien Robespierre - French revolutionary (President of the National Convention, Member of Committee of Public Safety), born in Arras, France. **1856:** Sigmund Freud - Austrian neurologist and father of psychology, born in Freiberg, Austrian Empire. **1977:** Chantelle Newberry - Australian Diver (Gold Medallist at 2004 Summer Olympics).

Deaths: 1992: Marlene Dietrich, German American actress and singer (The Blue Angel, Shanghai Express). **2006:** Grant McLennan, co-founder of Australian band The Go-Betweens. **2016:** Reg Grundy, Australian media and television mogul (Neighbours, Prisoner).

Please remember to invite your friends to like the club's Facebook page.
- Plus when you see a new post, Like the post and share it with your friends!
Link: <https://www.facebook.com/rotaryfrankstonsunrise>