



## Para-taekwondo training at l'Oumière sports center



As an image of Jeju-do in South Korea, high-level Taekwondo can be practised here in harmony with the environment and the personal equilibrium necessary for athletes preparing for competitions.

L'Oumière sports centre is accessible to all in its entirety, as will be the recovery centre due to open in 2022.

Our partner hosts can provide rooms appropriate to the needs of a person with disabilities.

L'île d'Oléron believes in accessibility. Several beaches are accessible to all as are walkers' itineraries that have been specifically adapted.

### FEATURES

- A hall with **two contest areas**.
  - The hall has an area of **457m<sup>2</sup>**,
  - A pit installation reduces the risk of injury,
  - Spectator seating for 175 of which 5 are accessible for people with disabilities.
  - 35m<sup>2</sup> of changing rooms for athletes;  
8 column showers with one accessible to people with disabilities; toilet block,
  - 11m<sup>2</sup> of fully equipped changing rooms and facilities for referees.
- Situation: main building of l'Oumière sports centre.

LOYALTY ● PERSEVERANCE ● HUMILITY ● SELF-CONTROL ● RESPECT

### TOP-LEVEL

- The French Taekwondo team trained here in 2018.





## THE ADVANTAGES OF L'OUÏÈRE SPORTS CENTRE

- An athletes' recovery centre to be opened in 2022,
- A secure sports centre with security cameras, available to all,
- Accommodation close to the sports centre,
- A new weights room of 155m<sup>2</sup>, fully equipped and available,
- Two outdoor stadia and a synthetic coated athletics track,
- A multisport hall equipped for basketball and handball,
- A teaching and meeting room,
- Bus parking.

L'île d'Oléron, inclusive and accessible to all.



## CONTACTS

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