



## **CV - Beth Zupec-Kania, RDN, CD**

Beth Zupec-Kania is a Registered Dietitian Nutritionist who has promoted safe and effective ketogenic diet therapies (KDTs) since 1991. She's managed Ketogenic Metabolic Therapies in individuals with

- neurologic,
- mitochondrial,
- metabolic disorders, and,
- tumorous cancers.

Beth has authored multiple education guides, co-authored The Modified Keto Cook Book (Demos), co-organized three global ketogenic symposiums and is the designer of Keto Diet Calculator; a web-based program for calculating diets. She's provided training to over 300 medical centers worldwide, owns Ketogenic Therapies, LLC and is a consultant to The Charlie Foundation.

<https://pubmed.ncbi.nlm.nih.gov/?term=beth+Zupec-Kania&sort=pubdate>

[www.bethzupeckania.com](http://www.bethzupeckania.com)

[www.ketodietcalculator.org](http://www.ketodietcalculator.org)

[www.charlifoundation.org](http://www.charlifoundation.org)

Beth also represents the Charlie Foundation as a Member of the European Keto Live Centre Advisory Board

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