

Listening Practice #1

Dictation #1: 音声を聞き、空欄に入る単語を書きましょう。

Story 1:

Lisa: I feel terrible.

Max: Are you alright? You look pale.

Lisa: Actually, my knees feel very weak, and I feel like I need to lie down. I've had a sore throat all morning, too.

Max: Oh, no. It sounds like you might have caught the flu that's been going around.

Lisa: You think so? But I've got so much work to do this week. I can't take time off or I'll fall behind!

Max: Sorry, Lisa, but if you've got the flu then you should go home and get some rest. If you're still feeling unwell this evening, then please let us know.

Lisa: I guess I should. Thank you, Max. Sorry for all the trouble. I'll let you know how I'm feeling later on.

Max: Take care, Lisa. Get well soon!

Story 1:

Lisa: ひどい気分。

Max: 大丈夫？顔色が悪いよ。

Lisa: 実は膝に全然力が入らないし、横になった方がいいみたい。午前中ずっと喉が痛いし。

Max: あらら。最近流行っている(蔓延している)インフルエンザみたいだね。

Lisa: そう思う？でも今週はやるべきことがあるの。休みを取ったら遅れちゃう。

Max: Lisa、申し訳ないけどもしインフルエンザだったら君は家に帰って休むべきだよ。今晚まだ調子が悪いようなら連絡して。

Lisa: そうした方がよさそうね。ありがとう、Max。面倒かけてごめんね。後でどんな調子か連絡するわ。

Max: お大事に、Lisa。早くよくなって！

Questions : 下記の質問に英語で答えましょう。

1. How does Lisa feel? _____ She feels terrible.
2. How does she look? _____ She looks pale.
3. What's wrong with her? _____ Her knees feel very weak and she feels like she needs to lie down.
4. What does Max think has happened? _____ He thinks she might have caught the flu.
5. Why doesn't Lisa want to take time off? _____ Because she has got so much work to do this week.
6. What does Max tell Lisa to do? _____ She should go home and get some rest.
7. What should she do if she's still feeling unwell this evening? _____ She should let them know.
8. What does Lisa apologize for? _____ She apologizes for the trouble.

Listening Practice # 2

Dictation #2: 音声を聞き、空欄に入る単語を書きましょう。

Story 2:

I spent the last 3 days in bed with the flu. A few of my coworkers also got sick recently, so I think there's been a bug going around. I've been really stressed recently because I'm juggling several projects at work and I had to attend many business dinners after work.

So, it was nice spending time at home. I finally finished the book that I wanted to read for a long time. The ending was so dramatic that I cried!

This time off gave me time to recharge, and think about my life. I want to make a few changes to my lifestyle like being healthier and less stressed about small things.

Story 2:

この三日間インフルエンザで寝込んでいた。同僚の何人かも最近病気だったからウイルスが蔓延していたんだと思う。最近いくつかのプロジェクトを同時にこなしていたし、終業後に仕事の食事会にもたくさん参加しないといけなかったからストレスがたまっていた。

だから、家で過ごせたのはよかった。ずっと読みたかった本をついに読み終えることができた。最後は泣いちゃうくらい感動的だった。

この休みは元気を取り戻す時間と、人生について考える時間をくれた。健康でいることや小さなことに関するストレスを減らすように、ライフスタイルをかえたい。

Questions : 下記の質問に英語で答えましょう。

1. How many days have I been sick for? I have been sick for 3 days.
2. What's been going around? There has been a bug going around.
3. Why have I been stressed? I am juggling several projects at work and I had to attend many business dinners after work.
4. Am I enjoying my time at home? Yes, she is enjoying reading a book.
5. How was the ending of the book? It was so dramatic.
6. Has this time off exhausted me? No, it has not. It gave me time to recharge.
7. What do I want to do? I want to make a few changes to my lifestyle.

Listening Practice #1

Vocabulary and Grammar

- pale: having little color; very white or light in color [顔色が悪い・青白い]
- sore throat: a painful throat [のどの痛み]
- catch the flu: to get the flu [インフルエンザにかかる]
- (flu) going around: spreading; going from person to person [蔓延している]
- fall behind: to not be as current with some task as you ideally should or want to be [遅れる]
- unwell: ill; sick [体調が悪い]

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Story 1:

Lisa: I feel terrible.

Max: Are you alright? You look _____.

Lisa: Actually, my knees feel very _____, and I _____ I need to lie down. I've had a **sore throat** _____, too.

Max: Oh, no. It sounds like you might have _____ **the flu** that's **been** _____.

Lisa: You think so? But I've got so much _____ this week. I can't take time off or I'll **fall behind**!

Max: Sorry, Lisa, but if you've got the flu then you should _____ and get some rest. If you're _____ **unwell** this evening, then please let us know.

Lisa: I guess I should. Thank you, Max. Sorry for all the _____. I'll let you know how later on.

Max: Take _____, Lisa. Get _____ soon!

Questions : 下記の質問に英語で答えましょう。

- How does Lisa feel? _____
- How does she look? _____
- What's wrong with her? _____
- What does Max think has happened? _____
- Why doesn't Lisa want to take time off? _____
- What does Max tell Lisa to do? _____
- What should she do if she's still feeling unwell this evening? _____
- What does Lisa apologize for? _____

Listening Practice # 2

Vocabulary and Grammar

- bug: [informal] the flu/ an infection [ウイルス・^{かんせん}感染する^{びょうき}病気]
- juggle: try and give enough time and attention to several things at the same time [同時に^{どうじ}複数の^{ふくすう}事を^{こと}こなす]
- attend: to be present at [出席する^{しゅつせき}]
- dramatic: exciting and impressive [ワクワクする・^{かんだうてき}感動的な・^{いんしょうてき}印象的な]
- recharge: to get back one's energy after working hard; return to normal after exertion [再充電する^{さいじゅうでん}・^{げんき}元気を^と取り^{もど}戻す]

Dictation #2: 音声聞き、空欄に入る単語を書きましょう。

Story 2:

I spent the _____ in bed with the flu. A few of my _____ also got sick recently, so I think there's been a **bug** _____. I've been really _____ recently because I'm _____ several projects at work and I had to _____ many business dinners after work.

So, it was nice _____ time at home. I finally finished the book that I wanted to read _____. The ending was so _____ that I cried!

This time off gave me time to _____, and think about my life. I want to make a few changes _____, like being healthier and less stressed about small things.

Questions : 下記の質問に英語で答えましょう。

8. How many days have I been sick for? _____
9. What's been going around? _____
10. Why have I been stressed? _____
11. Am I enjoying my time at home? _____
12. How was the ending of the book? _____
13. Has this time off exhausted me? _____
14. What do I want to do? _____

< writing 練習 > **Have you ever caught a flu? What do you do to stay healthy?**

 **Comments from your teacher,** _____

