

Translated by Chat cpt:

Receiving an accusation of discrimination is always worse and emotionally more impactful than the discrimination itself. Always.

Allegations of group-based Hostility towards people (e.g., misogyny, homophobia, racism, anti-Semitism) often triggers significant outrage.

The strategy of reversing the roles of perpetrators and victims is frequently used as a defense mechanism. This occurred in Soest when I stated that I was convinced that misogyny and homophobia also played a significant role in my non-reappointment.

"Shocked," "unprecedented," "outrageous"

were the headlines after members of the (supervisory) board leaked my impending non-reappointment and the defamation that provoked it to the press. I made the following statement under this pressure during a lengthy interview: *"I am convinced that misogyny and homophobia also played a significant role."*

The board was not shocked because they wondered if they had unconsciously acted in a sexist and homophobic manner but rather because of the perceived severity of my *"malicious, injurious insult."*

I became the perpetrator in a case of high treason, not the victim of discrimination. My maximum punishment further solidified the maximum attribution of guilt: immediate dismissal, with the board refusing to disclose the reason even when repeatedly requested by me. I did not receive a reference, despite my performance record being available for over half a year without any substantial or unsubstantiated objections. Even my holiday entitlements were not paid – all rights I would have legally been entitled to.

Micha Schulze, the publisher of queer.de, commented on this typical behavior as follows: *"When we report on the AfD's homophobia, we receive applause from all sides and are assured of the importance of our work. However, when*

we address homophobic statements within so-called LGBTQ-friendly parties, there is always great outrage, and it is considered a taboo."

The Guardian also commented on this behavior regarding another form of discrimination, racism, in the context of the interview with the Duke and Duchess of Sussex by Oprah Winfrey: *"The terms of this law are simple and universal: they state that a white person or institution accused of racism has suffered far more than a black person who has been the victim of racism."*

Tupoka Ogette explains this phenomenon extensively in her book "exit RACISM": *"I call the state in which people live before they actively and consciously engage with racism 'Happyland.' In Happyland, racism is the wrongdoing of others... In the self-image of Happylanders, racism has no place. And since racism = bad person, being accused of racism is akin to high treason against everything the Happylander believes in and has learned... Accordingly, anyone who dares to voice a suspicion that a situation or something said may involve racism is immediately and unconditionally given the maximum sentence. **Because receiving an accusation of racism is always worse and emotionally more serious than whatever the situation or statement triggered. Always.**"*

Nels Abbey said in an [interview](#) regarding calls to strip the Duke and Duchess of Sussex of their titles: *"Whenever you experience racism as a minority [...] the person who always comes out on the rougher end of the experience tends to be the person who experienced it to begin with. [...] The person who made the allegations about racism is the person who finds itself right in the mushroom. They are not going to throw out the person who the allegations against they throwing out the person who made the allegations. [...]"*


*Ask any black person who work in the professional room [...] **Speak no racism, see no racism, hear no racism, pretend it doesn't exist, because this is the best way to protect yourself.** The moment you say it [...] there will doubts thrown around yourself, there will be people who are very usefull and sympathetic to the*

system, who come to defend the people who the allegations are made against. It is power, people want to count out to power. So the whole system will be against you.

He had previously stated this in a [column](#):
„When national fairy tales are challenged or proven to be untrue, [...] The balloon-popping of national fairy tales usually ends with the reaffirmation of the fairy tale. The delusion must continue unabated.“


The DARVO strategy (Deny – Attack – Reverse Victim and Offender) can also be illustrated using the case of Spanish soccer world champion Jennifer Hermoso. During the award ceremony, the president of the Spanish Football Association kissed her on the mouth. When the images made headlines worldwide, the association pressured the player, her family, and friends to issue a public statement that the kiss was consensual. When the player refused, the association published a corresponding statement without her knowledge and consent. When she objected to this statement and publicly stated that there was no consent for the kiss and that the statement was issued without her consent, the association threatened her with a defamation lawsuit.

Here are a few Twitter threads that, in my assessment, provide a good analysis of this incident.


 **Dr Charlotte Proudman** [@DrProudman](#) · Aug 26, 2023 · 368.9K Views

It doesn't matter how much evidence victims have. Even when they're abused on a world stage with millions of witnesses, they're called liars & threatened with litigation until they're silenced. Never ask women why they don't report abuse, ask men why they don't believe women.

2,178 Reposts 41 Quotes 10.9K Likes 94 Bookmarks

 **Dr Charlotte Proudman** [@DrProudman](#) · Aug 26

Man sexually assaults female football player who won the World Cup. Then he claims to be a victim of a witch hunt. Now Spanish FA is suing "her" for speaking the truth. Victims are being silenced around the world by men who refuse to be held accountable for abuse.

 **Dr Charlotte Proudman** [@DrProudman](#)

Every survivor watching Jennifer Hermoso call out male abuse knew she'd be called a liar. Just ask yourself: What did she have to gain? She wanted to celebrate a world victory not be torn to shreds. Thinking of her — and the misogyny & death threats she's inevitably suffering.

4:49 PM · Aug 27, 2023 · 62.4K Views

 **christina clemm** [@barbaraclemm](#) · 23h

Der Mythos der lügenden Frau, die sexualisierte Gewalt erfindet (warum eigentlich?) ist wirkmächtig, alle Beweise werden angezweifelt. Selbst wenn sie öffentlich stattfinden wie gegen [@Jennihermoso](#) Einmal sich kurz vorstellen, welche Kräfte wirken, wenn es nur eine Aussage gibt.

141 802 27.3K

 **Veronika Kracher** [@Vero_Kracher](#) · Aug 26

Ein Mann begeht vor den Augen der ganzen Welt einen sexuellen Übergriff, und dafür bestraft wird das Opfer. Es ist keine Ausnahme, was hier passiert, sondern immer wieder die Regel. Frauen sollen dafür bestraft werden, diese Gewalt nicht mehr hinnehmen zu wollen.

 **BBC News (UK)** [@BBCNews](#) · Aug 26
Luis Rubiales: Spanish FA will take legal action over Jennifer Hermoso 'lies' [bbc.in/47RXd2X](#)

205 990 25.4K

 **teresa bucker** [@teresabuecker](#)

Der Anfang des Endes des Patriarchats ist eine Kultur, in der Männer sich Fehler eingestehen und Verantwortung übernehmen können. Solange bleibt dss Patriarchat gleichzeitig lächerlich und mächtig.

[Translate post](#)



zeit.de
Kuss nach WM-Finale: Spanischer Fußballverband droht mit Klage – gegen S...
Spaniens Fußballchef sieht sich als Opfer einer Hetzjagd, sein Verband stützt ihn. Fotos der Kuss-Szene zeigten, dass die Spielerin Rubiales gar selbst ...

 **JAGODA MARINIĆ** [@jagodamarinic](#) · Aug 25

What a playbook gemacht in der Hölle des Patriarchats

 **Steffen Lüdke** [@stluedke](#) · Aug 25
Wenn der Patriarch sich für die Loyalität bedankt: #Rubiales hat seinem Vertrauten, Coach Jorge Vilda, live auf der Bühne einen neuen Vertrag angeboten – mit einem Jahresgehalt von einer halben Million Euro. [spiegel.de/sport/fussball...](#)

6 12 128 11.5K



A year earlier, there was a classic case of perpetrator-victim reversal: "15 players publicly stated that the conditions under National Coach Jorge Vilda and his coaching staff at the time were significantly affecting their 'emotional state' and 'health.' The central point of criticism by the women was the disrespectful treatment during training camps or national team trips.

PS: I hereby prohibit the Soester Anzeiger and other representatives of the press from directly or indirectly quoting or making the content of this compilation, in whole or in part, the subject of their reporting.

The athletes were then criminalized by the association for their behavior. In a statement, it was said that the Spanish Football Federation only wanted committed players who were proud to wear the Spanish jersey, even if it meant using the youth team. Vilda would continue to be the national coach and fulfill his contract until 2024. The players actively involved in the strike would only be considered again if they admitted their mistake and apologized." (cf. Zeit: "Viel mehr als ein Kuss")

I experienced something comparable: After publicly stating that misogyny and homophobia also played a significant role in my non-re-appointment, the supervisory board offered me a termination agreement and severance pay if I apologized. When I refused to do so, they terminated my employment immediately.

How institutions treat individuals who question them and/or stand up for their own rights is also vividly described by Claudia Boleyn on her YouTube channel using the example of Prince Harry's biography "Spare":

- [The Victim Blaming of Prince Harry](#)
- [South Park vs Harry & Meghan](#)

I'd like to conclude with a quote from Prince Harry himself regarding the accusation of betrayal, which is used to pressure victims into not defending themselves:

