

# CREATE YOUR MANDALA



- Go out into nature and look around. Think about how nature contributes to your well-being. Trees for example produce oxygen, so you can breathe well...
- In nature you will certainly also find many things that have been thrown away and that do not belong there.
- Decide as a group whether you want to create a mandala with natural objects or with garbage.
- Find natural objects or garbage to create your mandala. This can be stones, pieces of wood, leaves, berries, sand... or any garbage you find such as bottles, papers, plastic...
- Bring your objects back to school and create your group work of art. Take a picture when finished.

