



Next meeting:

September 18th

Tracey Harris

Dogs for kids with disabilities

Chair - Engwerda

September 28th

Michael Ellis
Finals Fever

Chair - David
Morgan

October 2nd

Amelie Schumann

LIYSC report from attending in UK

Board 2019-2020:

President:

Peter Cracknell

Past President:

Cliff Leckning

Secretary:

Peter Richards

Treasurer:

Greg Sharman

Directors:

Community Service:

Ross Augustine

Finance &

Fundraising:

Shane Thomas

Youth, International &

Vocational:

John Albery

Membership:

Bob Smith

Club Service:

Mark Rees

President's Report:

Great presentation at last week's meeting from Marian Gandy of Groomed to Go Inc. Their Dressed For Success and Smart Blokes programs are doing great work supporting people seeking work particularly. No doubt we will find some ways to support them moving forward, but in the meantime, hopefully some of you will come on board for their golf day October 18. More info elsewhere in the bulletin.

This week we will hear from Tracey Harris from Dogs For Kids, which provides support dogs for children with disabilities. This is another great local organisation doing outstanding work.

JTW continues his rounds of hospitals and doctors and from what I am hearing, he is getting plenty of love from we Rotarians. I would have chatted to him Friday, but Pete and Janine Stacey had just taken him out. I know John really appreciates the support of his Rotary friends. Billy Blythe also continues on his journey and Bill loves a chat too!

Work is starting to heat up on a number of fronts. Mark and his team are in full swing preparing for the Treadmill Challenge. Behind the scenes, work is going on preparing for next year's Golf Day and of course the Children of Ghana Ball and of course the launch of an Interact Club. Plenty more happening as well.

For those joining is for Comedy for a Cause (and for those meeting for dinner first), I will see you on Saturday night. This night supports the I Matter Foundation.

Have a great week,
Peter



Invocation: For good food, good fellowship and the opportunity for service through Rotary, we give thanks.

Coming Events:

- Sat, 21 Sept
[Comedy for a Cause](#)

- Sun 20 Oct
[Treadmill Challenge -
Very Special Kids](#)

- Sat 9 Nov
[Bunnings Bbq](#)

2020:

- 21-22 March

District 9820
Conference
"Breaking the Chains"
Bendigo

- Mon 23 March

Charity Golf Day
PKCGC

Treadmill Challenge Sunday October 20th 2019 8am - 8pm Only 4 weeks to go!

Update:

Go to: <https://vsk.grassrootz.com/rotary-frankston-sunrise-12hr-treadmill-challenge> for leaderboard & updates.
Still need treadmill sponsors VIP.

Why run it? It's a local community event that only requires the ability to walk or run to participate. Age is also not much of a barrier either. It utilizes a Club members facility with all the required treadmills in place & raises money for a worthy cause Very Special Kids, who have successfully run a similar event for a number of years now raising millions of dollars, so we have a blueprint to follow.

We aim this year to raise \$20k, after expenses. This will come from 10 treadmill sponsorships at \$1k each & then we hope the participants on each treadmill raise an average \$1k between them which means a further \$10k.

What can you do?

Our first priority is to find the 10 sponsors of treadmills ASAP. Currently we have 6:

Ray White Frankston
Lite n' Easy Carrum Downs
CORE24 Frankston
Willerby's Solicitors & Conveyancers
Vietnam Veterans/Frankston RSL
FOCUS Life

A hard copy flyer will be available on Wednesday & you will also be emailed a version to send to prospects for this event you may have, potential sponsors in particular. We anticipate there will be 2 sorts of sponsors:

Engaged Sponsor: they will pay their \$1k & will also organise participants to occupy the treadmill for 12 hours

Non engaged Sponsor: happy to pay the \$1k but will struggle to get participants. **This will be another way you can help out, finding participants to fill blocks of time on the treadmills**

Finding Sponsors & participants. Apart from word-of-mouth this event will be highly social media driven. We will be using the databases of CORE24 & our Club initially but would encourage you to use your own social media contacts to spread the word. More to come about this.

Any questions please talk to any of the Treadmill Challenge committee

Mark R, Crackers, Shane, Tony, Jason, Macca or Joe.

Our website: www.rotaryfrankstonsunrise.org.au

Our Facebook: www.facebook.com/rotaryfrankstonsunrise remember to Like & Share

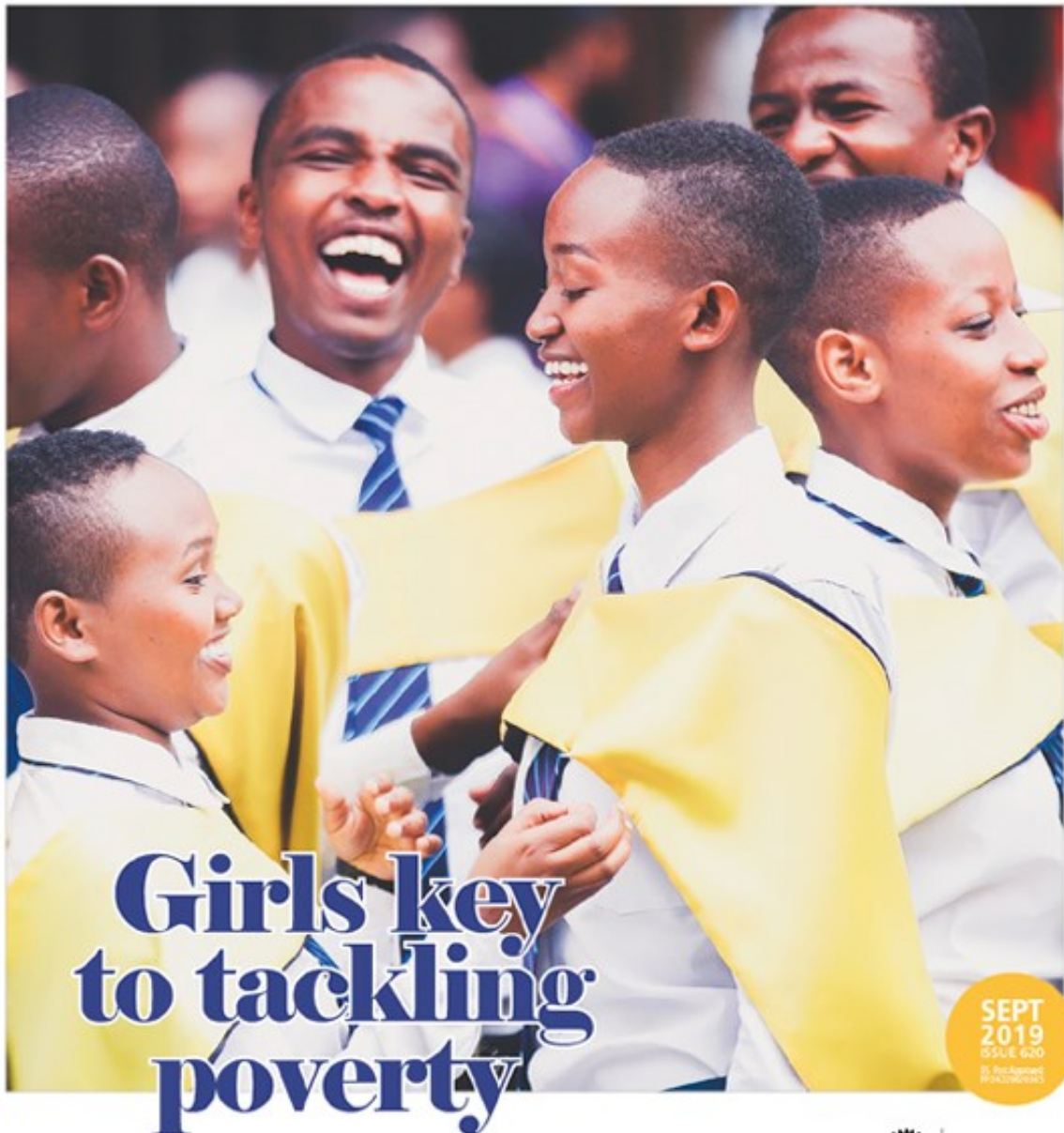
September is Basic Education and Literacy month in the Rotary world.

Take a look at how Rotary's been helping break the cycle.

For more info consult the September Issue of Rotary Down Under.



Your
guide to
doing
good.



#BasicEducationandLiteracyMonth

Rotary  Rotary Global
Media Network

Birthdays &
anniversaries this
month:

6/09/1948

Peter Stacey 71

11/09/1948

David McKenzie 71

18/09/1952

Jill Warfe

Coming Events:

Sat, 21 Sept, 2019:

Fellowship Night – Comedy for a Cause

Fri 27 Sep, 2019:

Grand Final Eve Lunch - MCG

Tues 8 Oct, 2019:

Groomed to Go's 8th Classic Golf Day

- If keen to attend, please let Peter Cracknell know

Sun 20 October, 2019

Treadmill Challenge

Very Special Kids

Sat 9 November, 2019

Bunnings BBQ

Fri 6th - Sun 8th December, 2019

Blackwood Special Schools Golf Day Trentham - Weekend Away

Friday 6Th December 2019 : Golf Day – Trentham Golf Course Players and Helpers on the day, Friday night Dinner Blackwood Hotel

Saturday & Sunday Working Bee, Meals, BBQ's Accommodation at the School.

<https://www.blackwoodssoec.vic.edu.au> - Golf Day. Details Entry Form for 2019 event

not on web site at this stage Tony Bellette away OS on holiday's. Updates to come

21-22 March, 2020

District 9820 Conference

"Breaking the Chains"

Bendigo

More info: https://youtu.be/MXx_2v3KHRO

Mon, 23 March, 2020

Charity Golf Day

PKCGC

Further info Fellowship Night – Comedy for a Cause:

Date: Saturday, September 21, 2019 (8pm – doors open at 7pm)

Venue: Mt Eliza Community Hall – 90-100 Canadian Bay Road, Mt Eliza

Cost: \$35

Raising funds for the I Matter Foundation, Comedians for a Cause brings together great comedians (from the Sydney & Melbourne International Comedy Festival) in a 2 hour show.

As seats are normally on a first come basis, we have been able to coordinate a block ticket purchase that will mean our seating block is reserved, save us having to arrive too early.

This event will sell out, so to book your tickets, RSVP to Mark Rees.

Payment ASAP of \$35 pp to Sunrise General Account: BSB: 633 000 ACC: 131 641 839

Be sure to include your name with your deposit.

We may arrange an earlier dinner in Mt Eliza before the performance for those that are interested –more info to come.

Rotary's 4 Way Test:

1. Is it the TRUTH?

2. Is it FAIR to all
concerned?

3. Will it build
GOODWILL &
BETTER FRIEND-
SHIPS?

4. Will it be
BENEFICIAL to all
concerned?

Coming Events Cont.:



Comedy for a Cause

SATURDAY 21 SEPTEMBER 2019

Doors: 7pm / Show: 8pm

Featuring comedians from
**Sydney & Melbourne
International
Comedy Festivals**

Join a Rotary Frankston Sunrise group booking

 **Mt Eliza Community Hall**
90-100 Canadian Bay Rd
Mt Eliza

Tickets Limited
RVSP: 31st July

To book:
Pay \$35 per head to the
Rotary General Account
BSB: 633 000
Acc: 131 641 839
Include your name
in the description

In Support of:



Proudly supported by:



Following on from the Guest speakers at last week's meeting:

The poster features a light blue background with a subtle pattern of golf balls. At the top, the Groomed to Go Inc. logo is displayed, consisting of a stylized 'G' in blue and red. Below the logo, the text 'GROOMED to GO Inc.' is written in a bold, sans-serif font, followed by the tagline 'INSPIRING PEOPLE TO ACHIEVE THEIR GOALS' in a smaller font. The main title '8th CLASSIC GOLF DAY' is prominently displayed in a large, bold, red font. Below the title, the event details are listed in a bold, sans-serif font, with each item preceded by a label: 'Event:', 'Time:', 'Cost:', 'Dress:', and 'Register:'. The text is arranged in a clear, easy-to-read format. At the bottom of the poster, a large, stylized golf ball is shown on a tee, with the date and location information written inside it. The text 'Friday 18 October 2019' is in a bold, blue font, followed by 'Mornington Golf Course Tallis Drive, Mornington' in a smaller, blue font. Below this, the words 'REGISTER NOW' are written in a large, bold, red font. At the very bottom, a line of text states that all funds raised on the day go to Groomed to Go Inc., trading as Dress for Success South East Melbourne and Smart Blokes, to help support their programs for women and men.

Like to be part of Frankston Sunrise team(s) at the Groomed To Go Golf Day, let Peter Cracknell know.

Directors Reports:

Club Services:

- Chair for Bruce Billson Committee for Mornington Peninsula is Dave Platten
- No meeting on October 16th
- October 17th Fellowship Evening with partners featuring the inaugural presentation of the David Bellette Memorial Bursary plus a special guest speaker Bindi Mulligan who will be talking on her year working and running a trauma field hospital in Iraq, during and after the battle for Mosul.

Treadmill Challenge only 4 weeks to goSponsorship update. Target \$20k

Lite n' Easy target \$4k already raised \$3,780

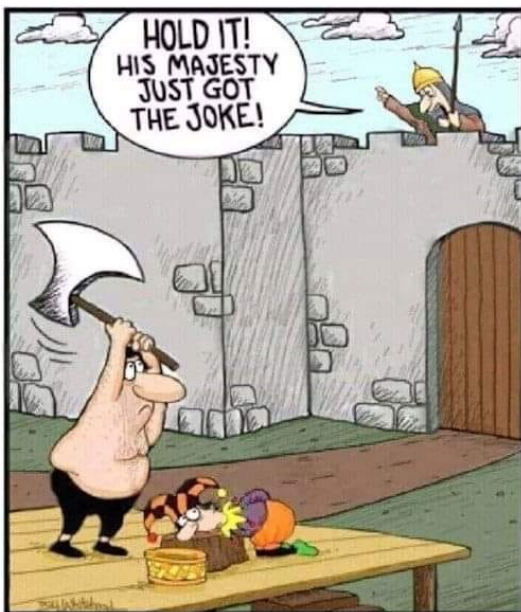
Willerbys	"	\$2k	"	"	\$ 610
Ray White RE	"	\$1k	"	"	\$ 437
Focus Life	"	\$2.5k	"	"	\$ 279
CORE24	"	\$3k	"	"	\$ 127
Lifecare	"	\$?	"	"	\$ 105
Rotary Sunrise	"	\$1k	"	"	\$ nil
Frankston Police	"	\$?	"	"	\$ nil

Sponsorship total \$6k

(VIP need participants for our Club treadmill. So far only 7 spots filled of 24 half hour blocks).

- Mark

On the Lighter Side:



Our Sergeant-at-Arms needs to be careful...

Where in the World?

- Ron

Ron and Marilyn leave for Europe on Aug 1st and will return on Sept 25.

- Rosscoe

Rosscoe and Coryn heading away this week to join Ron & Marilyn on their sailing adventure – Back October 4

- Billy

Bunkered down still recovering from his fall
Back soon we hope!

- Peter Richards

England and Denmark for another week



On this day in... September 18:

Event: **1984** – Joe Kittinger completes the first solo balloon flight crossing the Atlantic; **1906** – Hong Kong typhoon kills an estimated 10,000 people.

Births: **1948** Christopher Skase, Disgraced former Australian businessman; **1971** – Lance Armstrong, American cyclist, activist and drug cheat; **1976** – Ronaldo, Brazilian footballer; **1980** – Chris Tarrant, AFL Player; **1991** – Nat Fyfe, AFL Player.

Deaths: **411** – Constantine III, Roman usurper; **1970** – Jimi Hendrix, Legendary American singer-songwriter, guitarist and producer.

Please remember to invite your friends to like the club's Facebook page.

- Plus when you see a new post, Like the post and share it with your friends!

Link: <https://www.facebook.com/rotaryfrankstonsunrise>