

Katharina Sabernig

anatomisches Theater / anatomical Theater

“Wie sind wir gestrickt: Ein anatomisches Theater der etwas anderen Art” / Just What Are We Made Of? A somewhat different kind of anatomical theater. World premiere: April 13, 2024; Circus of Knowledge at Johannes Kepler University (JKU), Linz; Katharina Sabernig: Idea, concept, production design; performer; Rebekah Wild: Concept, stage figures & object design, performer; Nora Dirisamer: Concept, script, director; Alexander Brosch: Composition and live music, performer.

ausgewählte Ausstellungen / selected Exhibitions

Solo/doppelausstellungen / selected Solo/double exhibitions

SABERNIG KATHARINA 2024. Anatomie in Maschen – Anatomy in Stiches. Eine Gegenüberstellung zu den historischen Wachsmodellen. 06.11.2024 - 22.02.2025. Wiener Josephinum. Kuratorinnen: Daniela Hahn und Verena Österreicher.

SABERNIG KATHARINA 2024. Gestrickte Anatomie – Knitted Anatomy. 13.09.2024 - ? Ausstellung anlässlich der Eröffnung des Neubaus des Bezirkskrankenhauses St. Johann in Tirol. Kuratorin: Karoline Rafelsberger

SABERNIG KATHARINA 2024. Knitted Anatomy. Exhibition as part of the Conference of International Association for the Study of Traditional Asian Medicine (IASTAM) and the Asian Society for the History of Medicine (ASHM), Taipei.

SABERNIG KATHARINA 2024. Weil jeder Atemzug ein Wunder ist, Ausstellung in Kombination mit Dankesbriefen von Organtransplantierten. 07.05.2024-? Kuratorinnen: Susanne Ließegang und Sabine Moos. Universitätsklinikums Gießen.

SABERNIG KATHARINA 2023. Gestrickte Anatomie – Knitted Anatomy. 12.-30.05.2023. Medizinische Universität Graz in Kooperation mit Markt der Zukunft und Neue Galerie Graz, Universalmuseum Joanneum. Kuratoren: Günther Holler-Schuster und Wolfgang Schlag.

SABERNIG KATHARINA 2022. Gestrickte Anatomie – Knitted Anatomy. Neue Galerie Graz 25.03.-03.07.2022. Kurator Günther Holler-Schuster. Kuratorische Assistenz Petra Hammer-Maier. Graz: Universalmuseum Joanneum. <https://www.museum-joanneum.at/neue-galerie-graz/ausstellungen/ausstellungen/events/event/11254/katharina-sabernig-1>

Gruppenausstellungen / group exhibitions

Threads of Life. Angewandte Interdisziplinäre Lab (AIL). 14.06-14-07.2023. University of Applied Arts <https://ail.angewandte.at/program/threads-of-life>

Medical Comics Exhibition 2022/23, Teaching Center: Medical University Vienna. Lungenspitzenentummore

Publizierte Bilder / published Images

view also: <https://www.knitted-anatomy.at/press/>

KATHARINA SABERNIG 2023 [2024] female urogenital system with Tibetan and international terminology. Coverimage. *Curare* 46 (2023)1.

- KATHARINA SABERNIG 2024. [Herz] 50 x 2: 80: 33: 10 Jetzt: → ?. Zentrum für biomedizinische Forschung und translationale Chirurgie. Medizinische Universität Wien. Titelbild.
- KATHARINA SABERNIG 2023. [Hirnstamm] Titelbild. *re:visit: Humanities and Arts in Dialogue* <https://journal-revisit.org/jr>
- KATHARINA SABERNIG 2023. [Schmerzen bei Lungenspitzenumoren] Im Gespräch mit Katharina Sabernig *re:visit: Humanities and Arts in Dialogue* <https://journal-revisit.org/jr>
- SABERNIG, KATHARINA 2023. [Knitted artwork of guts based on Tibetan medical painting at Atsagat Monastery, Republic of Buryatia, Russia], In: Comperative Guts Project: <https://comparative-guts.net/solid/knitted-artwork-of-guts-based-on-tibetan-medical-painting/>
- SABERNIG, KATHARINA 2023. [Reproduced artwork detailing small and large intestines with Tibetan and Latin labels], In: Comperative Guts Project: <https://comparative-guts.net/solid/knitted-artwork-of-guts-based-on-tibetan-medical-painting/>
- SABERNIG, KATHARINA 2023. [Vascular System]. In: Cover Art Honorable Mentions. Blog of the journal *Academic Medicine* (26.01.2023): <https://academicmedicineblog.org/2022-cover-art-honorable-mentions/>
- Katharina Sabernig 2023. [The Vascular System] Commentary on the Vascular System. *Academic Medicine: Journal of the Association of American Medical Colleges*. DOI: 10.1097/ACM.00000000000005222
https://journals.lww.com/academicmedicine/citation/9900/the_vascular_system_commentary_on_the_vascular.405.aspx
- Katharina Sabernig 2023. [Schmerzen bei Lungenspitzenumoren] Im Gespräch mit Katharina Sabernig *re:visit: Humanities and Arts in Dialogue* <https://journal-revisit.org/jr>
- Katharina Sabernig 2023. [Hirnstamm] Titelbild. *re:visit: Humanities and Arts in Dialogue* <https://journal-revisit.org/jr>
- SABERNIG, KATHARINA 2023. [COVID 19 and the gastrointestinal system]. In Janet Philp and Joan Smith: Chapter 12: The Fabric of the Human Body. In: Varsou O. [ed.] *Teaching, research, Innovation and Public Engagement, New Paradigms in health care*, http://doi.org/10.1007/978-3-031-22452-2_12
- SABERNIG KATHARINA 2022. Gestrückte Anatomie – Knitted Anatomy. [Exhibition catalogue] Neue Galerie Graz 25.03.-03.07.2022. Kurator Günther Holler-Schuster. Kuratorische Assistenz Petra Hammer-Maier. Graz: Universalmuseum Joanneum, 56 pages.
https://issuu.com/universalmuseum/docs/sabernig_heft26_einz?e=11605875/92158688
- SABERNIG KATHARINA 2022. [Resist the Virus] In: 2021 Cover Art Honorable Mentions: *academicmedicineblog* (04.01.2022) <https://academicmedicineblog.org/2021-cover-art-honorable-mentions/>
- SABERNIG KATHARINA 2021. [Delta und Omikron – Mutationen] In: Die Schönheit des Stachels. *Frankfurter Allgemeine Zeitung*: 29.12.2021: Natur und Wissenschaft Nr. 303: N2.
- SABERNIG KATHARINA 2021. [A Syringe as if it were the rod of Asclepius, CoViD 19 and the Gastrointestinal Tract]. In *OÖ Nachrichten*: 12.12.2021.
- SABERNIG KATHARINA 2021. [eleven images with regard to CoViD 19] In: Peter Braunsteiner: OUTBACKINSIDE: Das Bilderbuch zur inneren Lage. Künstler*innenpublikation des Künstlerhaus. p. 140-143.
- SABERNIG KATHARINA 2021. [Hope] Webseite der Arbeitsgruppe *Geschichte der Medizin und Medical Humanities*: <https://www.oeaw.ac.at/kgpw/arbeitsgruppen/geschichte-der-medizin-und-medical-humanities> (25.08.2021).
- SABERNIG KATHARINA 2021. [Hope] In: MICHAEL STANLEY-BAKER and RONIT YOELI-TLALIM: *Asian Medicine and*

- COVID-19: Ethnologies, Histories, Reflections. *Asian Medicine* 16 (2021) 1–10.
- SABERNIG KATHARINA 2021. [A Syringe as if it were the rod of Asclepius] *Der Standard*: 3.05.2021: Thema Corona-Pandemie. p. 5
- SABERNIG KATHARINA 2021. [A Syringe as if it were the rod of Asclepius] *Frankfurter Allgemeine Zeitung*: 22.04.2020: Natur und Wissenschaft Nr. 98: N1.
- SABERNIG KATHARINA 2021. [Cluster, Transmission and Immunity] *Hospitz aktuell* 1/21. p. 14-15.
- SABERNIG KATHARINA 2020. [Approaching Viruses] Corona Tagebücher II – Corona Diaries II, *Curare* 43 (2020) 3+4: Cover.
- SABERNIG KATHARINA 2020. [Approaching Viruses] Corona Tagebücher II – Corona Diaries II, *Curare* 43 (2020) 1+2: Cover.
- SABERNIG KATHARINA 2020. [Humoral And Corpuscular Immune Response]. *Frankfurter Allgemeine Zeitung*: 14.10.2020: Natur und Wissenschaft Nr. 239: N1.
- SABERNIG KATHARINA 2020. [Heart and Lung] *Das Österreichische Gesundheitswesen*. 61 (2020) 10: Cover.
- SABERNIG KATHARINA 2020. [Small and Large Intestines, Cervical Carcinoma] *Textile Anschläge*, Blog by Monika Keller, July 1st. <https://textileanschlage.wordpress.com/2020/07/01/anatomy-meets-craft-meets-art/>
- SABERNIG KATHARINA 2020. [Covid 19 And The Lung, Approaching Viruses, Chemotherapy in Times of Covid 19 and Social Distancing] *Der Standard* 03.06.2020 p. 16-17.
- SABERNIG KATHARINA 2020. [Corona Virus]. <https://boasblogs.org/curarecoronadiaries/there-are-many-horrible-diseases-and-conditions-out-there/#comments>
- SABERNIG KATHARINA 2020. [Chaos In The Body] Newsletter der Österreichischen Palliativmedizinischen Gesellschaft OPG.
- SABERNIG KATHARINA 2020. [Chaos In The Body] *Profil*. 25.05.2020 p. 8 <https://www.profil.at/wissenschaft/coronavirus-gestrickt/400943927>
- SABERNIG KATHARINA 2020. [Covid 19 And The Lung] <https://lifeofbreath.org/2020/04/a-pandemic-of-breathlessness/>
- SABERNIG KATHARINA 2020. [Approaching Viruses]. 21.04.2020 <https://www.facebook.com/MedizinischeUniversitaetWien/photos/a.330940943649041/2902566733153103/?type=3&theater>
- SABERNIG KATHARINA 2020. [Covid 19 And The Lung] Gestrickt den Sinnen Zugänglich gemacht: das Sars-CoV-2-Virus in der Lunge. *Frankfurter Allgemeine Zeitung*: 22.04.2020: Natur und Wissenschaft Nr. 94: N1.

Online Datenbank / Online database

- SABERNIG, KATHARINA 2014. Datenbank zu *Tibetische Medizin Termini* / Database on *Tibetan Medical Terms* <https://crossasia.org/en/service/crossasia-lab/tibetische-medizin-termini/>

Monografien / Monographs

- SABERNIG, KATHARINA 2017a. Visualisierte Heilkunde: eine medizinanthropologische Studie zur Identifizierung der Wandbilder der medizinischen Fakultät des Klosters Labrang [Visualised

Medicine: a Medical Anthropology Study for the Identification of Murals in the Medical College at Labrang Monastery]. Doctoral Dissertation: University of Vienna, 531 pages.
<https://ubdata.univie.ac.at/AC14498862>

SABERNIG, KATHARINA 2007. Kalte Kräuter und heiße Bäder: die Anwendung der Tibetischen Medizin in den Köstern Amdos (Wiener ethnomedizinische Reihe: Band 5). Wien: Lit, 162 pages.

SABERNIG, KATHARINA 2002. Tiger bändigt Drachen: eine Anleitung zum besseren Verständnis für die Traditionelle Chinesische Heilkunde insbesondere der fünf Wandlungsphasen. Schiedlberg: Bacopa, 276 pages.

Artikel / Articles (peer reviewed)

SABERNIG, KATHARINA 2024 (submitted). The Manchu Anatomy – a Revisited Fabric of Bodily Paintings. In: *Proceedings of the Permanent International Altaistic Conference (PIAC) 64* in Budapest, Hungary 2022.

SABERNIG, KATHARINA (forthcoming). 1638 Bones of Contention. In ROBERT BRENNAN, FABIAN JONITZ and ROMANA SAMMERN (eds). "Visual Arts and Medicine in Early Modern Europe and Beyond". Manchester University Press.

SABERNIG, KATHARINA (forthcoming). Visual Culture of Tibetan Materia Medica. In ROBERT BRENNAN, FABIAN JONITZ and ROMANA SAMMERN (eds). "Visual Arts and Medicine in Early Modern Europe and Beyond". Manchester University Press.

SABERNIG, KATHARINA (forthcoming) The Shel gong Shel phreng: a Treasure in the History of Tibetan Pharmacology. In GAENZLE, MARTIN, UWE NIEBUHR, MARKUS VIEHBECK, VERENA WIDORN (eds.). *Exploring Himalayan Cultural and Textual Heritage: The Legacy and Impact of René Nebesky-Wojkowitz*. Wien: Verlag der Österreichischen Akademie der Wissenschaften. Print. Veröffentlichungen zur Sozialanthropologie; Band (?).

SABERNIG, KATHARINA 2025. Gesundheit-Krankheit-Tod in der Tibetischen Medizin. In TANJA POMMERENING/JOCHEN ALTHOFF (eds.), *Lebendig oder tot, gesund oder krank. Der menschliche Körper in vormodernen Kulturen*. Mainz University Press bei V&R unipress

SABERNIG, KATHARINA 2024. Commentary on The Vascular System. *Academic Medicine*. 99(6):607.

SABERNIG, KATHARINA 2020. The Tree of Nosology. In *Cultural Systems of Classification: Sickness, Health and Local Epistemologies*. Edited by ULRIKE STEINERT. London and New York: Routledge: 233-257.

SABERNIG, KATHARINA 2019a. Metaphors in the Tibetan Explanatory Tantra. *Religions* 10: 346: 1-22.

SABERNIG, KATHARINA 2019b. Visceral Anatomy as Depicted in Tibetan Medicine. In *Knowledge and Context in the Tibetan Medical Tradition*. PIATS 2016: Proceedings of the Fourteenth Seminar of the International Association for Tibetan Studies, Bergen 2016. edited by WILLIAM A. MCGRATH. Leiden: Brill: 111-139.

KARMA YESHI, YANGBUM GYAL, KATHARINA SABERNIG, JIGME PHUNTSHO, TAWNI TIDWELL, TENZIN JAMTSO, RINCHEN DHONDUP, ELIOT TOKAR, and PHURPA WANGCHUK 2019c. An integrated medicine of Bhutan: Sowa Rigpa concepts, botanical identification, and the recorded phytochemical and pharmacological properties of the eastern Himalayan medicinal plants. *European Journal of Integrative Medicine* 29: 1-15.

SABERNIG, KATHARINA 2017b. Vulnerable Parts: Locating and Defining Vital Areas of the Body in Tibetan Medicine. *Asian Medicine* 12: 86-118.

SABERNIG, KATHARINA 2016a. Anatomical Structures and the Structure of Anatomy in Tibetan Medicine: the Fourth Chapter of the Explanatory Tantra in its Commentaries. *Curare* 39/1: 22-32.

- SABERNIG, KATHARINA 2014a. Medical Murals at Labrang Monastery. In *Bodies in Balance: the Art of Tibetan Medicine*. Edited by THERESIA HOFER: New York and Seattle: Rubin Museum of Art and University of Washington Press: 221-225.
- SABERNIG, KATHARINA 2014b. Tibetan Materia Medica in Dispute: Pharmacological Achievements of Dar-mo sman-rams-pa Blo-bzang Chos-grags. *Curare* 37/2: 100-112.
- SABERNIG, KATHARINA 2012. On the history of the murals in the medical college of Labrang. *Asian Medicine* 7/2: 358-383.
- SABERNIG, KATHARINA 2011a. The substitution of rare ingredients in traditional Tibetan medicine on the basis of classical Tibetan texts, their use in modern formularies and a case study from Amdo/Qinghai. *Curare* 34/1+2: 83-96.

Artikel / Articles (non-peer-reviewed)

Published

- KATHARINA SABERNIG 2024. Visual Expressions. Introduction. *Curare* 46 (2023 [2024]) 1: 7-11.
- KATHARINA SABERNIG 2024. Tibetan Anatomical Terms in "Knitted Body Materiality". Report from a project at University of Applied Arts Vienna, Austria. *Curare* 46 (2023) 1: 125-132.
- Tawni Tidwell and Katharina Sabernig 2024. Comparative Guts: Exploring the Inside of the Body Through Time and space: Tibetan medicine: <https://comparative-guts.net/tibetan-medicine/>
- Katharina Sabernig 2023. Im Gespräch mit Katharina Sabernig *re:visit: Humanities and Arts in Dialogue* <https://journal-revisit.org/jr>
- Katharina Sabernig 2023. Gestrickte Anatomie / Knitted Anatomy (Ausstellungsbegleitung, booklet) 12 Seiten
- Monika Ankele et al. (Kuratorennteam der Ausstellung Threads of Life) 2023 (Ausstellungsbegleitung, booklet), Wien, 28 Seiten
- SABERNIG, KATHARINA 2021. Gender Related Symptoms in Tibetan Medical Practice. *Expressions of Gender in the Altaic World: Proceedings of the Permanent International Altaistic Conference (PIAC)* 56 in Kocaeli, Turkey, 2013 (cf. <https://www.altaist.org/proceedings/>).
- SABERNIG KATHARINA 2018a. Neurological Metaphors in Tibetan Medical Language. In *Grenzgänge zwischen Medizin, Ethnologie und Psychologie: Für Ekkehard Schröder zum 75. Geburtstag*. Edited by KATHARINA GREIFELD, WOLFGANG KRAHL, HANS JOCHEN DIESFELD and HANNES STUBBE. *Curare* 41/3+4: 141-148.
- SABERNIG KATHARINA 2018b. Illustrations depicting the environment around the mythical city of Tibetan medicine. In PAVEL GROKHOVSKIY (ed.) *Modernizing the Tibetan Literary Tradition*. St. Petersburg University Press: 169-180.
- SABERNIG, KATHARINA 2013a. Tibetan Medical Paintings illustrating the bshad rgyud. *Zentralasiatische Studien* 42: 61-82.
- SABERNIG, KATHARINA 2011b. The Medical College at Labrang Monastery in Eastern Tibet: a Historical and Ethnomedical Study and Documentation of 19 Murals Illustrating the bshad rgyud. *Viennese Ethnomedicine Newsletter* XIV/1: 17-24.
- SABERNIG, KATHARINA 2005. External Treatments at Kumbum Monastery Hospital. *Viennese Ethnomedicine Newsletter* VII/3: 7-15.
- SABERNIG, KATHARINA 2004. Warm Up the Cold – Take Out the Heat: Modern Practice of Traditional Tibetan Pharmacology in Amdo. *Viennese Ethnomedicine Newsletter* VI/3: 3-9.
- SABERNIG, KATHARINA 2001. 'The heart is the home and the brain is the working office of the soul':

Report on Tibetan Medicine. *Viennese Ethnomedicine Newsletter* III/2: 25-31.

Publiziert / published in China

KATHARINA, SABERNIG 2016b. Description and depiction of inner organs in classical and modern works". In *Lha Idan sman rtsis khang dbu brnyes nas lo ngo brgya 'khor ba'i rgyal spyi'i rig gzhung gros tshogs 'dzam gling krung gso mthun tshogs bod kyi gso rig ched las lhan tshogs kyi skabs gnyis pa'i lo tshogs dpyad rtsom phyogs bsgrigs*. [100th Anniversary Celebrations of the Men-Tsee-Khang & the Second Annual Conference of the Tibetan Medicine Committee of the World Federation of Chinese Medicine Societies" held in Lhasa 2016]. Lha sa: 1577-1582.

Sabernig, Katharina 2015. On a New Database of Tibetan Pharmacological and Anatomical Terms. In *The Proceedings of the Establishing Meeting for Speciality Committee of Tibetan Medicine of the World Federation of Chinese Medicine Societies and First Annual Conference* ['dzam gling krung mthun bod gso mthun tshogs gsar 'dzugs] Xining, August, 7-10. Xining: 675–81.

Konferenzberichte / Conference reports

KATHARINA, SABERNIG 2024. Comparative Guts Exploring the inside of the body through time and space. 7-9 June 2023, Kunsthalle Kiel, Christian Albrecht Universität. *Curare* 46 (2023) 1: 133-140.

HELMAR KURZ und KATHARINA, SABERNIG 2023 Visual Expressions of Health, Illness and Healing Bericht zur jährlichen Fachtagung der Arbeitsgemeinschaft Ethnologie und Medizin (AGEM) in Kooperation mit der Österreichischen Ethnomedizinischen Gesellschaft (ÖEG) und dem Weltmuseum in Wien, *Curare* 45/2: 97-106.

KATHARINA, SABERNIG 2017c. Transforming Tibetan Anatomy (12./13.06.2014): Institut für Sozialanthropologie der ÖAW in Wien. *Curare* 38/4: 296-98.

KATHARINA, SABERNIG 2017d. Comparative Perspectives on Body Materiality and Structure in the History of Sinitic and East Asian Medicines (2.-4.10.2015): University of Michigan, Ann Arbor. *Curare* 38: 298-301.

KATHARINA, SABERNIG 2017e. 100th Anniversary Celebration Conference of the Lhasa Men-Tsee-Khang & Second Annual Conference of Tibetan Medicine Committee of WFCMS (Lhasa August 20-22, 2016); Himalaya, the Journal of the Association for Nepal and Himalayan Studies: Vol. 37 : No. 2 , Article 20. 37: 126-128: [reprinted in 2018: Tibet Journal 43(1): 175-178].

Buchrezensionen / Book reviews

KATHARINA SABERNIG 2019d. THERESIA HOFER 2018. *Medicine and Memory in Tibet. Amchi Physicians in an Age of Reform*. Seattle, University of Washington Press, 304 pages. *Curare* 42/1+2: 161-162.

KATHARINA SABERNIG 2015. GYATSO, JANET. 2015. *Being Human in a Buddhist World: An Intellectual History of Medicine in Early Modern Tibet*. New York, Columbia University Press, 519 pages. *ISIS* 107/1: 148.

Organsation von Konferenzen / Organisation of Conferences

June, 2-4. 2022: Visual Expressions of Health, Illness and Healing Bericht zur jährlichen Fachtagung der Arbeitsgemeinschaft Ethnologie und Medizin (AGEM) in Kooperation mit der Österreichischen Ethnomedizinischen Gesellschaft (ÖEG) und dem Weltmuseum in Wien

August, 1-3. 2017: Medicine and Yoga in South and Inner Asia: Body Cultivation, Therapeutic Intervention and the Sowa Rigpa Industry: Department of South Asian, Tibetan and Buddhist Studies, University of Vienna in cooperation with the Institute for Social Anthropology (head of organizing team; co-organizers: DAGMAR WUJASTYK, BARBARA GERKE und STEPHAN KLOOS

June, 12-13. 2014: Transforming Tibetan Anatomy: Symposium: Vienna, Institute for Social Anthropology