

HIIT CARDIO



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The Hiit cardio range of Bodytone is designed by our product development team thinking in the user and focusing on the ergonomical movements with the best durable and hard materials. Connectivity is always a plus in Bodytone.



Trainingym



MyBodytone



ZRO PRO

The ZRO-PRO bike is specially designed for cardiovascular exercise. It allows to work in a global way the resistance through pedaling and movement of the arms in a joint way.



AIR RESISTANCE



2 TRAINING POSITIONS



DISPLAY WITH CONNECTIVITY



Trainingym



MyBodytone



Zwift



ZRO TM

The new Bodytone ZRO curved self-propelled treadmill, Zero Impact and zero consumption. A great ally for your Hiit workouts. Interval training of the most demanding, backed by the experience and quality of Bodytone.



**MAGNETIC
BRAKE**



**2 TRAINING
POSITIONS**



**DISPLAY WITH
CONNECTIVITY**

ZRO™

CURVED TREADMILL



MEASUREMENTS
195 x 85 x 162 cm.

NET WEIGHT / GROSS WEIGHT
180 kg / 240kg.

BOX SIZE
180 x 85 x 66 cm.

MAXIMUM USER WEIGHT
200 kg.

BELT SURFACE
1500 x 430 cm.

MOTOR
Gravity action system. Self-generated, requires no motor or electricity.

TRANSMISSION
Step belt transmission, guided by multiple bearings of various sizes, which causes that how much the more advanced our position, the greater the speed and the further or rear our position, the lower the speed.

MULTIBRAKE BRAKE LEVER
Adjustable magnetic brake, from low to high resistance.

STEPS
Made of aluminum and covered in rubber, with "Hexagrip" system allowing a greater resistance to the surface. 60 steps measuring 43 x 5.6 cm, which favors the sensation of running on a continuous tapestry.

CUSHIONING
ZRO IMPACTO cushioning system. Rubber treads and aluminum minimize the impact on the race.

MULTI-GRIP HANDLEBAR
Made of 3mm steel and 25mm diameter. Ergonomic with multiple grip, external open, central closed and bilateral palm rest for smooth walking. This ergonomic handlebar allows a variety of exercises from both push and pull, always maintaining the best posture. Allows various exercise modes, such as power and agility.

CONSOLE
Measures 220 x 150 x 35 mm. Mobile / tablet holder included. LCD measures 65 x 130 mm. Easy and intuitive interface. Measures speed, time, distance, calories, pulse, interval training and WATT. Bluetooth 4.0 connectivity. Adjustable in inclination.

BODYTONE

CARDIO HIIT

ZRO™

CURVED TREADMILL

STRUCTURE
Steel tube (3mm thick) process welded robotic. Steel tube arms 150 x 50 mm x 2.5 mm thick, allowing perfect stability in the race.

MATERIALS AND FINISHES
High quality in its finishes. 3.5mm thermoplastic ABS housings.

INTEGRATED TRANSPORT WHEELS
Yes, to facilitate transport or cleaning of the machine.

LEVELERS
2 height-adjustable rear levelers facilitating the stability.

TRANSPORT HANDLE
Rear, facilitating movement.

MAINTENANCE AND LUBRICATION
It does not need lubrication.

PAINTING PROCESS
3 layers of paint. Pickled and stabilized steel by total immersion of the parts in different degreasing solutions to ensure a perfect and complete cleaning of the base material. Primer antioxidant to ensure proper isolation of the internal oxidation and good paint adhesion. 2 layers Epoxy polyester powder paint finishes, dried at 240°C.

DESIGN PROCESS
Study of biomechanics and ergonomics under the supervision of professionals and associated athletes. After a long period of design; from sketch, engineering research, production of prototypes, tests by our professional athletes products go on the market.



BODYTONE

CARDIO HIIT



Trainingym



MyBodytone



DISCOVER
THE RANGE



ZRO ROW

The ZRO ROW is a machine designed to take up little space and perform a dual function. The ZRO ROW has a practical design with dual function, rowing and skiing.



**MAGNETIC
& AIR RESISTANCE**



**2 TRAINING
POSITIONS**



**DISPLAY WITH
CONNECTIVITY**

ZRO-R V2

ROW



MEASUREMENTS

Horizontal : 2620×810×1060(mm)/103.1"×31.9"×41.7"
Vertical : 1360×810×2140(mm)/53.5"×31.9"×84.3

SEAT AND BACKREST

513mm/ 20.2"

MAXIMUM USER WEIGHT

150kg / 330lbs

MONORAIL

1663mm/ 65.5" (Aluminum)

WEIGHT

66.5kg/146.3lbs

HEART RATE MONITOR

Telemetric

DISPLAY

5" LCD display with 8 reading windows

RESISTANCE LEVELS

20

RESISTANCE

300W

BRAKING FORCE RESISTANCE

Magnetic and air resistance system

EXTRA

Rowing and ski training

FLYWHEEL

4.1kg

HANDLEBAR

Rowing Bar and Ski Bar

PACKING SIZE

Carton 1: 1805×565×170(mm)/71.1"×22.2"×6.7"
Box 2: 1075×575×680(mm)/42.3"×22.6"×16.8"

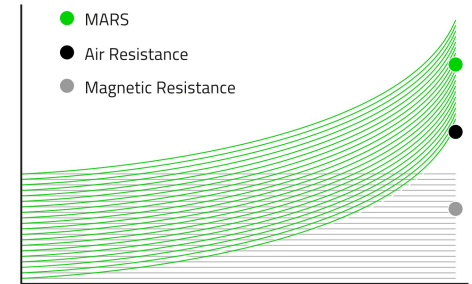
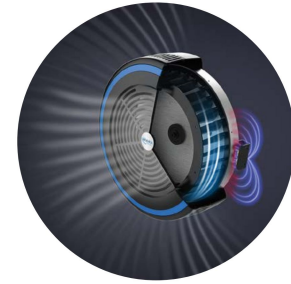
BODYTONE

CARDIO

ZRO-R V2

ROW

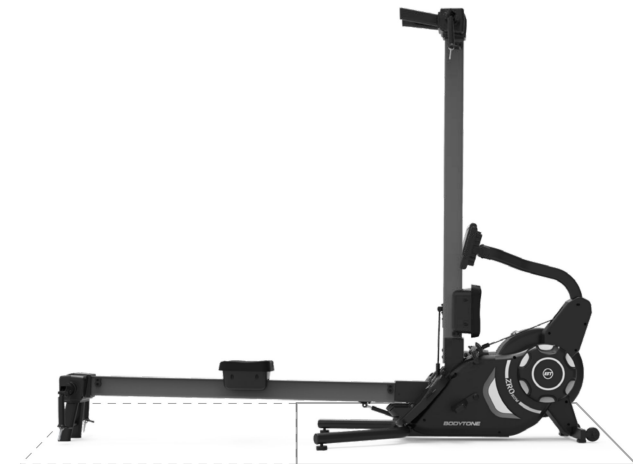
MAGNETIC & AIR RESISTANCE SYSTEM



ZRO Row's magnetic and air resistance system adds additional resistance to the air resistance. The MARS system has 20 precise resistance levels. Through the console, users can easily adjust the resistance at any time.

SPACE-SAVING DESIGN

Thanks to its innovative design, the folded SKI & ROW Multi Training Machine saves 48% space compared with the arrow shape. Therefore, the SKI & ROW Multi Training Machine as a commercial grade equipment is also suitable for the small fitness studio or residential.



HORIZONTAL FORM
2.12m²

VERTICAL FORM
1.10m²

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