





2023

JV State Meet

Saturday is our Utah 6A JV State Meet. The weather looks very cold with some potential flurries so be ready for any weather! It will be much cooler in the morning than we are used to, so bundle up with layers! Please arrive to the bus by 8:15 am, the bus leaves at 8:30 am, so make sure to be to the bus on time. We have some very good athletes competing for victories at this meet, so take it seriously and be ready to compete at a high level! Please check the meet schedule below so that you know when and where you are racing at the meet. We highly encourage our athletes that are not competing to come and cheer on their teammates for this meet! Proud of the growth in this group!!! Please email Coach Soles with questions.

What to bring?	Important Meet Facts	Time Schedule
Uniform: (on when you get to the bus) No Outside Clothing! Limited Jewelry	First 6A event is at 10:30 am	Arrive at HHS: 8:15 am
\$\$\$ for T-shirt or snack bar	This is what we have worked all season for. Time to step up!	Bus Leaves School: 8:30 am
Running shoes /Spikes and extra pair of socks	Varsity Girls – 10:30 am Varsity Boys – 11:30 am	Arrive at Meet: 9:20 am
Food: ex: bagels, bananas, fruit, water and Gatorade	Bus leaves from the north side of the high school by the main gym	Leave Meet: 12:45 pm Meal Stop: 1:00 pm
Extras: Sunscreen, back-up water	Spanish Fork Sports Park Sports Complex 295 West Volunteer Drive, Spanish Fork UT 84660	Arrive at HHS: 3:00 pm

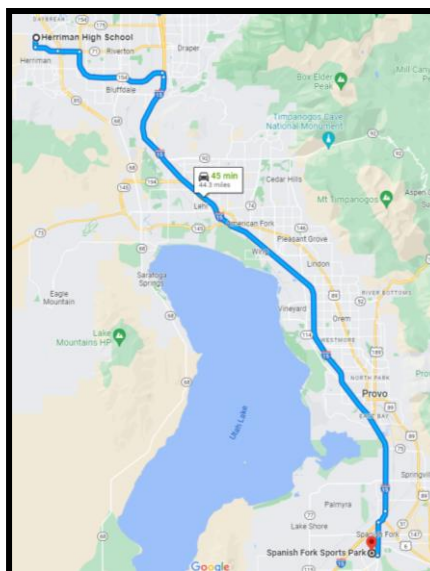
← from Herriman High School, 11917 S, Mustang Tr...
to Spanish Fork Sports Park, 295 Volunteer Dr, Sp...

45 min (44.3 miles)  
via I-15 S
Fastest route now due to traffic conditions

Herriman High School
11917 S, Mustang Trail Way, Herriman, UT 84096

- > Get on I-15 S in Draper from UT-154 S
15 min (9.8 mi)
- > Follow I-15 S to UT-156 S/N Main St in Spanish Fork. Take the UT-156/Main St exit from I-15 S
28 min (32.2 mi)
- > Continue on N Main St. Drive to Volunteer Dr
6 min (2.3 mi)

Spanish Fork Sports Park
295 Volunteer Dr, Spanish Fork, UT 84660



Herriman High School Track & Field
Coach Soles – Cell # 951-326-6992
Email – doug.soles@jordandistrict.org