



2023

Premier Invite

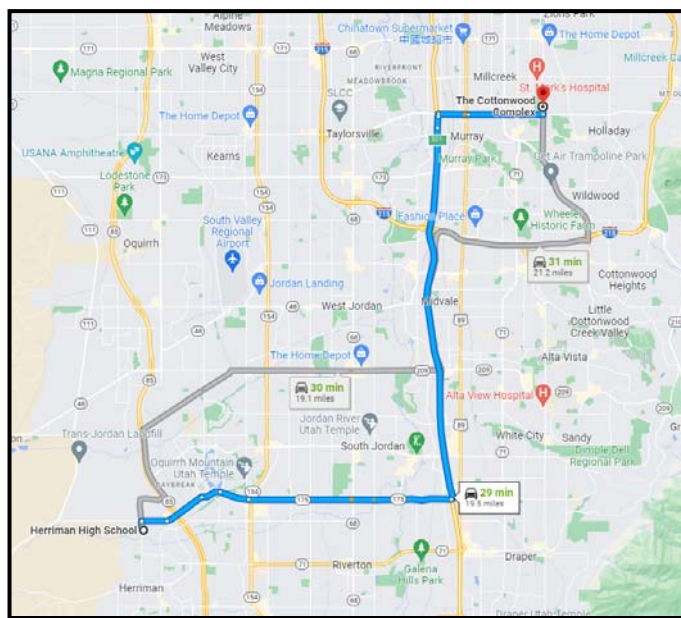
Saturday the 12th is our first invitational of the 2023 XC Season! The weather looks good and we have an opportunity to see where our summer fitness has us to start the season. The bus leaves early, so make sure to set 2 alarms and be to the school on time. Make sure you get there on time and quickly get loaded on the buses. Please check the meet schedule below so that you know when and where you are racing at the meet. Time to show them we are building the top program in the country! It is go time! Please email Coach Soles with questions.

What to bring?	Important Meet Facts	Time Schedule
Uniform: (on when you get to the bus) No Outside Clothing!	First event is at 8:00 am	Arrive at HHS: 6:15 am
\$\$\$ for T-shirt or snack bar	This is a solid meet that allows us to see where our conditioning is at. Check the entries online to see what you are in!	Buses Leave School: 6:30 am
Running shoes/Spikes and extra pair of socks	Varsity Boys – 8:00 am Varsity Girls – 8:45 am JV Boys – 9:30 am JV Girls - 10:15 am	Arrive at Meet: 7:00 am Awards: 11:00 am
Food: ex: bagels, bananas, fruit, water and Gatorade	Buses leave from the north side of the high school by the main gym	Leave Meet – 12:00 pm
Extras: Sunscreen, back-up water	Cottonwood Complex 4400 S 1300 E Millcreek, UT 84124	Arrive at HHS: 12:30 am

Herriman High School
11917 S, Mustang Trail Way, Herriman, UT 84096

- > Take W 11800 S and W Daybreak Pkwy to UT-175/W 11400 S in South Jordan
8 min (3.0 mi)
- ✓ Follow UT-175/W 11400 S and I-15 N to UT-266 E/4500 S/Taylorville Expy in Murray. Take exit 301 from I-15 N
18 min (13.9 mi)
- ↑ Continue onto UT-175/W 11400 S
▲ Parts of this road may be closed at certain times or days
4.7 mi
- ↗ Use the left 2 lanes to merge onto I-15 N via the ramp to Salt Lake City
8.8 mi
- ↘ Use the right 2 lanes to take exit 301 for UT-266/4500 so.
0.3 mi
- ↗ Keep right at the fork, follow signs for Murray
262 ft
- > Follow 4500 S to S 1300 E in Millcreek
6 min (2.6 mi)

The Cottonwood Complex
4400 S 1300 E, Millcreek, UT 84124



Herriman High School Track & Field
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