



Next meeting:

May 13th

**Zoom Meeting**

May 20th

**Zoom Meeting**

May 27th

**Zoom Meeting**

**Board 2019-2020:**

President:

Peter Cracknell

Past President:

Cliff Leckning

Secretary:

Peter Richards

Treasurer:

Greg Sharman

**Directors:**

Community Service:

Ross Augustine

Finance &

Fundraising:

Shane Thomas

Youth, International &

Vocational:

John Albery

Membership:

Bob Smith

Club Service:

Mark Rees

**President's Report:**

It was great to have some first-time members to our zoom meeting this week. We were also able to welcome some special visitors.

Former youth exchange visitor, Lea Sekanina from Germany was able to join us to say hi as was Mic Russo from his home in South Australia. Work for Mick continues at full pace, he is the incoming president of his Rotary club and he and partner, Nyssa are looking forward to welcoming their 1<sup>st</sup> baby in a few months time. It was also great to have Rainer, Dave, Garry and Tony on board. It is interesting to hear how differently the coronavirus situation is affecting different businesses, varying from virtually a complete shutdown through to opening new opportunities to grow.

At our board meeting on Monday night, we confirmed that our morning zoom meeting on July 1 will be a changeover meeting where we all get to welcome Shane in as our new president. I really hope that all members can make a special attempt to be up and online to start that meeting at 7:45 AM, but more about that over the weeks ahead.

Whilst most of our activities are curtailed for the time being, I am constantly hearing from members and we heard it again at Wednesdays zoom meeting, how our members value the contact, friendship and support their fellow Rotarians are providing each other. It's so easy to drift apart when we don't have the opportunity for our regular weekly meetings. Whether it's our zoom meetings or simply picking up the phone, staying connected is so important to each of us as individuals but also to the long-term future of our Rotary club.

A small update on my front, last Friday I was able to have the 1<sup>st</sup> surgery on my right hand, which is something that should make a big difference for me moving forward, although I must say, I'm looking forward to the pain dying down a bit. Operation on the other hand should follow in October at this stage.

But the other more important news on the medical front is that Pete Richards is due to go into hospital today (Wednesday) for his 1<sup>st</sup> operation, this 1 being his ankle. It's been a long journey for Pete to get this far, and I'm sure you will join with me in wishing him a successful operation and a speedy recovery. With that out of the way they will be able to address his knee issues and no doubt he will be running up and down the stairs at the International in no time.

See you online with zoom at 7:45 AM on Wednesday

Regards

Peter

Website: [www.rotaryfrankstonsunrise.org.au](http://www.rotaryfrankstonsunrise.org.au)

Facebook: [www.facebook.com/rotaryfrankstonsunrise](https://www.facebook.com/rotaryfrankstonsunrise)

### COVID 19 Update:

With parts of the lockdown coming to an end and with different systems in place in different states it is important to Stay informed and protected:

Download the official government apps to stay up to date and protected.



#### [COVIDSafe app](#)

The COVIDSafe app speeds up contacting people exposed to coronavirus (COVID-19).



#### [Coronavirus Australia app](#)

Stay up to date with official information and advice about the coronavirus (COVID-19) situation. You can check your symptoms and get notified when urgent information and updates are published.



#### [Australian Government WhatsApp channel for COVID-19](#)

Join our COVID-19 WhatsApp channel to learn the latest on Australia's response to coronavirus (COVID-19). If you're already a WhatsApp user you can send a message to the channel to connect. If you don't have WhatsApp, download the app to join the channel.

**COVID 19 Symptoms include:** fever, coughing, sore throat, shortness of breath. If you are sick and think you might have COVID-19, check your symptoms using [healthdirect's Coronavirus \(COVID-19\) Symptom Checker](#).

### **Protect others and stop the spread**

We can all help slow the spread of COVID-19 in Australia. To protect others you must:

- practise good hygiene
- practise social distancing
- follow the limits for public gatherings
- understand how to self-isolate if you need to
- If you have a confirmed case, you must isolate yourself to stop the virus spreading to other people.

### **If you're concerned**

You can call the National Coronavirus Helpline for information and advice about COVID-19. The line operates 24 hours a day, seven days a week. **1800 020 080**

**In this space:**

To all who are noticing their local birdlife.

Bellbirds

By Henry Kendall

By channels of coolness the echoes are calling,  
And down the dim gorges I hear the creek falling:  
It lives in the mountain where moss and the sedges  
Touch with their beauty the banks and the ledges.  
Through breaks of the cedar and sycamore bowers  
Struggles the light that is love to the flowers;  
And, softer than slumber, and sweeter than singing,  
The notes of the bell-birds are running and ringing.

The silver-voiced bell birds, the darlings of daytime!  
They sing in September their songs of the May-time;  
When shadows wax strong, and the thunder bolts hurtle,  
They hide with their fear in the leaves of the myrtle;  
When rain and the sunbeams shine mingled together,  
They start up like fairies that follow fair weather;  
And straightway the hues of their feathers unfold  
Are the green and the purple, the blue and the golden.

October, the maiden of bright yellow tresses,  
Loiters for love in these cool wildernesses;  
Loiters, knee-deep, in the grasses, to listen,  
Where dripping rocks gleam and the leafy pools glisten:  
Then is the time when the water-moons splendid  
Break with their gold, and are scattered or blended  
Over the creeks, till the woodlands have warning  
Of songs of the bell-bird and wings of the Morning.

Welcome as waters unkissed by the summers  
Are the voices of bell-birds to the thirsty far-comers.  
When fiery December sets foot in the forest,  
And the need of the wayfarer presses the sorest,  
Pent in the ridges for ever and ever  
The bell-birds direct him to spring and to river,  
With ring and with ripple, like runnels who torrents  
Are toned by the pebbles and the leaves in the currents.

Often I sit, looking back to a childhood,  
Mixt with the sights and the sounds of the wildwood,  
Longing for power and the sweetness to fashion,  
Lyrics with beats like the heart-beats of Passion;  
Songs interwoven of lights and of laughter  
Borrowed from bell-birds in far forest-rafters;  
So I might keep in the city and alleys  
The beauty and strength of the deep mountain valleys:  
Charming to slumber the pain of my losses  
With glimpses of creeks and a vision of mosses.

Birthdays &  
anniversaries this  
month:

5/05/1956

Cheryl Carter

20/05/1950

Suzanne Richards

21/05/1948

Coryn Augustine

21/05/1967

Laurelle Coppard

27/05/1942

Ian Stapleton 78

### Coming Events/Save the Date!:

#### **Cancelled for 2020, stay tuned for 2021 date!**

Children of Ghana Charity Ball

Mornington Race Course

Tickets: \$149 per head

Looking for sponsors, donations and full club attendance

#### **Wednesday 1 July, 2020**

Annual Frankston Sunrise Changeover at 7:45 AM - Zoom

#### **Sunday 26 August, 2020**

Bunnings BBQ

#### **Sunday Oct 18th, 2020**

2nd Treadmill Challenge

#### **Saturday 28 November, 2020**

Bunnings BBQ

#### **Rotary's 4 Way Test:**

1. Is it the TRUTH?

2. Is it FAIR to all  
concerned?

3. Will it build  
GOODWILL &  
BETTER FRIEND-  
SHIPS?

4. Will it be  
BENEFICIAL to all  
concerned?

## 12 Hour Treadmill Challenge



**Rotary Frankston Sunrise**  
**12 HR TREADMILL CHALLENGE**

@rotaryfrankstonsunrise  
@corehealthclubs

A team challenge supporting Very Special Kids

8am to 8pm  
Sunday 18th October 2020  
CORE24 Health Clubs  
313 Nepean Hwy, Frankston



Supporter  
Event

**core24**  
HEALTH CLUBS

**Rotary**  
Frankston Sunrise



**100%**  
of all funds raised  
will help children in  
24 hour care

For more information or to register, call Mark  
on 0411 519 560 or email [mark@mrevents.com.au](mailto:mark@mrevents.com.au)

### Steps to success

- 1. Commit to the challenge**  
Secure your treadmill by registering a team. The Corporate sponsorship of \$1,000 covers the cost of the event, which means that 100% of your team's fundraising efforts will go directly to helping children in 24 hour care at Very Special Kids Hospice.
- 2. Choose your fearless leader**  
The Team Captain will work closely with Rotary Frankston Sunrise and take charge of your teams' activities to guide the group towards the team fundraising goal.
- 3. Build your team of Participants**  
With 30 minute time slots to fill over the 12 hours, a team of up to 24 fundraising foot soldiers will help complete the challenge. Walking is an option for those who prefer a steadier pace.
- 4. Enlist the support of family and friends**  
Participants should ask for sponsors to help reach your fundraising goal. Set up your own personal online fundraising page at <https://vsk.grassrootz.com/rotary-frankston-sunrise-12-hr-treadmill-challenge> and share with family and friends on social media and with peer networks.
- 5. Enjoy the event**  
Run or walk with your heart and celebrate in the camaraderie with like-minded people who are all taking on the challenge to raise funds for children with life-threatening conditions.

All teams receive 4 x 1 Month All Club Team Training Memberships  
valued at \$199 to help you prepare for the challenge\*



Supporter  
Event

**core24**  
HEALTH CLUBS

**Rotary**  
Frankston Sunrise

\*Smith Membership for non-members only

### To all members of Rotary District 9820 :

Janne Speirs - Emergency Management Chair - is calling out for knitted goods. Obviously as the weather cools, the need for warm clothes is increasing!

What is needed: Knitted or purchased through clubs - Adult beanies, scarves in football team colours, children's knits (2 through to 10 year olds) or even 'fashion' scarves. There doesn't seem to be a huge call for babywear.

If you, your family or your club would like to assist in this important task - not just for its practical value but also the moral support of those who've lost so much then please get knitting and/or send your finished products to the address below.

Where: Mrs J Speirs, 218 Webbs Road, Gormandale 3873

## **Directors Reports:**

### **Treasury:**

Profit this Month: \$58.96

The Treasurer thinks we qualify for Jobkeeper!

### **Community Service:**

Thanks to those who volunteered to help with deliveries at Community Support Frankston (CSF). (John Albery, Bob Smith. Ash Weston, Keith Norris, Mark Engwerda, Ron Jones, Mark Rees and Warwick Smith)

I have passed the names on to Steve and he will be in touch when he needs a hand. Bob Smith Mark Rees and myself helped with deliveries last week. There is probably only one or two required each day and Steve will be in touch as required.

Steve also suggested when things return to normal we could paint the new enclosed delivery area.

- Community Service Director Ross A.

### **International:**

NYSF 2021, District 9820 Key points:

- Applications now open for year 11 students
- 600 places Australia wide
- D9820 Rotary quota 28 students for January 2021

Selection process yet to be finalised.

Sunrise will liaise directly with our current school contacts. Teachers to encourage students to apply directly online with the support and encouragement of Sunrise

I will endeavour to spell out the details in this column ...STEM and NYSF etc... as the process unfolds over the next few months, so that all members can follow its development.

- International, Vocation and Youth Director John A.



On the Lighter Side:



Simply Entitled:  
Hell

More @ [www.Tovx.com](http://www.Tovx.com)



# INSURANCE

A chance to test out exactly how creative you can be with the truth.

[diy.desperado.com](http://diy.desperado.com)



NATE FAKES

©2014 Nate Fakes - [www.natefakes.org](http://www.natefakes.org)

## Where in the World?

No updates

## What in the World:



### On this day in... May 13:

**Event: 1861:** The Great Comet of 1861 is discovered by John Tebbutt of Windsor, New South Wales, Australia. **1958:** Ben Carlin becomes the first (and only) person to circumnavigate the world by amphibious vehicle, travelling over 17,000 kilometres by sea and 62,000 kilometres by land during a ten year journey. **1989:** Large groups of students occupy Tiananmen Square and begin a hunger strike. **1995:** Alison Hargreaves, a 33 year-old British mother, becomes the first woman to conquer Everest without oxygen or the help of Sherpas. **2013:** Canadian astronaut Chris Hadfield departs the International Space Station to return to Earth.

**Births: 1904:** Tim Wall: cricketer (18 Tests for Australia 1928-34). **1950:** Stevie Wonder (Stevland Hardaway Morris): American singer-songwriter (You are the Sunshine of My Life). **1957:** Claudie Andre-Deshays,: French cosmonaut (Soyuz TM-24). **1968:** Scott Morrison: Australian politician, Prime Minister of Australia.

**Deaths: 1985:** Revaz Dogonadze: Georgian scientist (one of the founders of Quantum electrochemistry), dies at 53. **2002:** Ruth Cracknell: Australian actress (Mother and Son), dies at 76. **2019:** Doris Day: American singer, animal welfare activist and actress known as the "girl next door" actress (Pillow Talk, The Man Who Knew Too Much)

Please remember to invite your friends to like the club's Facebook page.  
- Plus when you see a new post, Like the post and share it with your friends!  
Link: <https://www.facebook.com/rotaryfrankstonsunrise>