

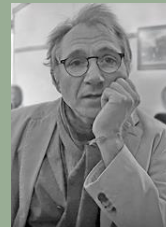
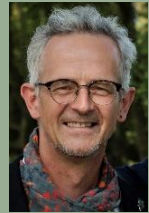
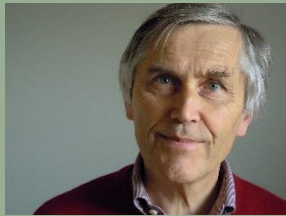
In a world where you can be anything....

Sexuality, Individuation and
Humanity in a Waldorf
Context

Sven Saar
2023



An offer.



„You see, a real thinker knows something quite important: everything they think of correctly they have once thought of incorrectly. You can really only be right if you have experienced the consequences of having been wrong.“

Rudolf Steiner, 6/12/1918, GA 186



CREATING AN ENVIRONMENT.



Look like a girl
Act like a lady
Think like a man
Work like a boss



#HappyWomensDay



South Africa
2015

Everything is curriculum.



“When those who have the power to name and to socially construct reality choose not to see you or hear you...when someone with the authority of a teacher, say, describes the world and
 , there is a moment of psychic disequilibrium, as if you looked in the mirror and saw nothing.”

Adrienne Rich, Blood, Bread, and Poetry: Selected Prose, 1979-1985

“When those who have the power to name and to socially construct reality choose not to see you or hear you...when someone with the authority of a teacher, say, describes the world and you are not in it, there is a moment of psychic disequilibrium, as if you looked in the mirror and saw nothing.”

Adrienne Rich, *Blood, Bread, and Poetry: Selected Prose, 1979-1985*

SUFFERING – ANGER – COURAGE – ACTION

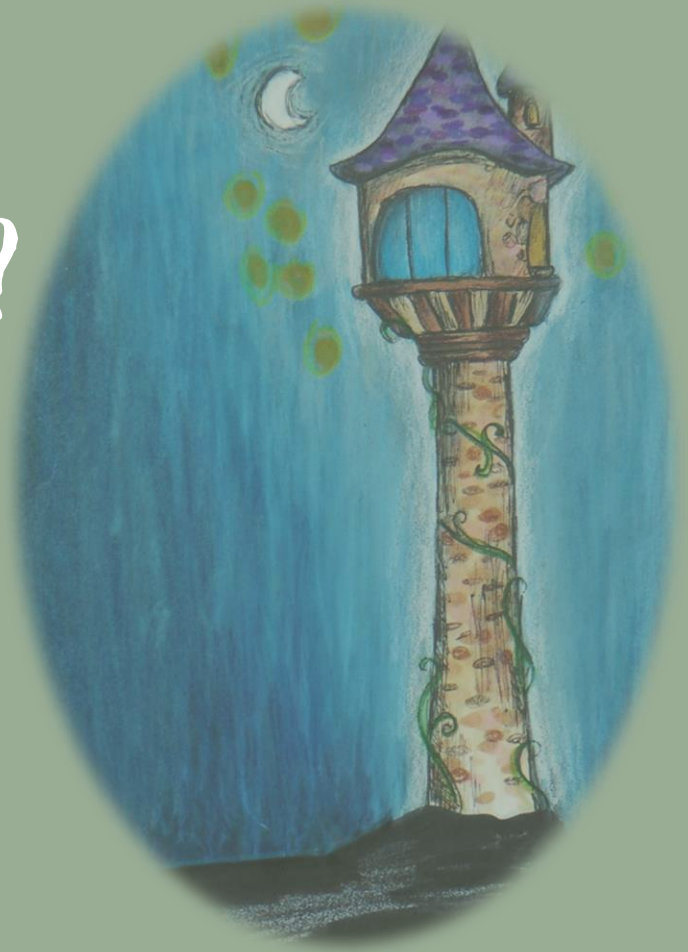


**“PRIVILEGE IS WHEN
YOU THINK SOMETHING
IS NOT A PROBLEM
BECAUSE IT’S NOT A
PROBLEM TO YOU
PERSONALLY.”**

Everything is curriculum.



OLD IMAGES AND ARCHETYPAL IMAGES: WHAT IS THE DIFFERENCE?



HOW DO STORIES WORK?

Mythical: spiritual content. The great images of humanity.

Archetypal: moral–ethical education using “shining” examples.

Cultural: societal values like obedience, loyalty, reliability, charity.

Pedagogical: What is the intended effect?





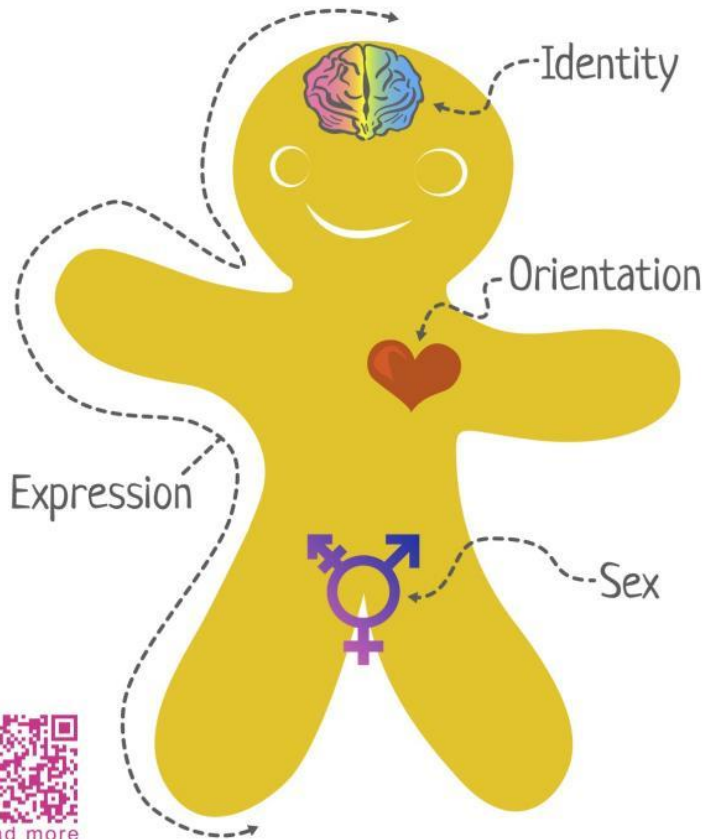






The Genderbread Person

by www.ItsPronouncedMetrosexual.com



Gender Identity

Woman Genderqueer Man

Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.

Gender Expression

Feminine Androgynous Masculine

Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

Biological Sex

Female Intersex Male

Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.

Sexual Orientation

Heterosexual Bisexual Homosexual

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.

How did I become who I am?

What influenced me towards my own

Masculinity

Femininity

Questioning?

And how much of me and my self-performance is defined through my sex, my gender, my sexual orientation?

It is impossible to understand a human being completely if one takes the concept of genus as the basis of one's judgment. [...]

Almost invariably man sees in woman, and woman in man, too much of the general character of the other sex and too little of what is individual. **In practical life this does less harm to men than to women.**

Rudolf Steiner, The Philosophy of Freedom, 1894

Contemporary Relationship Education

High School:	Emotional responsibilities – sexual health – contraception – boundaries and transgressive behaviour
Middle school:	Sexual orientation and gender identity – birth and death – conception and pregnancy
First school years:	Respect – Tolerance – Emotional intelligence – love for oneself and others
Kindergarten:	Forming and maintaining relationships – Communication and conflict resolution
Early childhood:	Wellbeing and trust – empathy – appreciation of community
From birth:	physical awareness- dexterity – balance – coordination – sensory perception

Learning
about Life
and Love in
the 12th year



The Big Picture:

1. Created to be delivered between Class 6 and Class 7, in an atmosphere of mutual trust and respect
2. Prepared well in advance with the parents, and following “the talk”
3. Addressing three main areas:
 - a) male and female
 - b) children and parents
 - c) love and sex
4. Using science, art, creative writing and storytelling throughout to create a sense of wonder, beauty and positivity
5. Making it inwardly personal but reassuringly objective and safe
6. Qualities modelled by the teacher: fearlessness and humour



My life so far :

When I was 11, ...

When I was 10, ...

When I was 9, ...

When I was 8, ...

When I was 7, ...

When I was 6,

When I was 5, ...

When I was 4, ...

When I was 3, ...

When I was 2,

When I was 1, ...

At 9 months, ...

At 6 months, ...

At 3 months,

The day after my birth....

On my birthday....

This is how my parents met:

... And who am I?

Can you draw a penis?

Can you draw a vulva?

Can you draw a vulva?

The vulva is the external genitalia on a woman and includes the clitoris, clitoral hood, labia minora, labia majora, urethra, and vagina.

<https://www.theguardian.com/lifeandstyle/video/2016/sep/23/vagina-dispatches-part-one-what-vulvas-look-like>

Try to enable shame-free menstruation
consciousness

for all the pupils!

Here are some of the questions I found in the box after the first day:

Does Fuck mean Sex?

Why is sperm white? And does it ever run out?

If you have sex while you are pregnant, does it kill the baby?

Why do people enjoy sex?

Can human beings have sex with animals?

How many babies can you have at a time?

How do you kiss while having sex?

Does the penis ever get stuck?

Are breast implants unhealthy?

What happens if someone eats sperm?

Why do we cover up our sexual organs in public?

Is this Main Lesson embarrassing for you (the teacher)?



The Clod & the Pebble

William Blake (1757 - 1827)

“Love seeketh not itself to please,
Nor for itself hath any care,
But for another gives its ease,
And builds a heaven in hell’s despair.”

So sung a little clod of clay,
Trodden with the cattle’s feet;
But a pebble of the brook
Warbled out these meters meet:

“Love seeketh only Self to please,
To bind another to its delight,
Joys in another’s loss of ease,
And builds a hell in heaven’s despite.”

Clay love and Pebble love: do we recognise them?



DEVELOPING EMOTIONAL LITERACY THROUGH STORY: TRISTAN AND ISOLDE

Story event	Clay love	Pebble love
Isolde nurses her country's enemy		
Tristan agrees to woo Isolde for his king		
Isolde is given as a prize for slaying the dragon		
Tristan and Isolde agree not to speak their feelings		
They agree that Isolde must marry Kind Mark		
They begin to meet secretly		
King Mark is jealous of their love		
He forgives their betrayal		
The New Isolde is disappointed at their unconsummated marriage		
She sends for the first Isolde as Tristan lies ill		
King Mark allows Isolde to travel to Brittany		
New Isolde lies about the colour of the sails		
First Isolde dies of a broken heart		
King Mark arranges for the lovers to be buried together		

Rights and Responsibilities:

Respect

Consent

Abuse

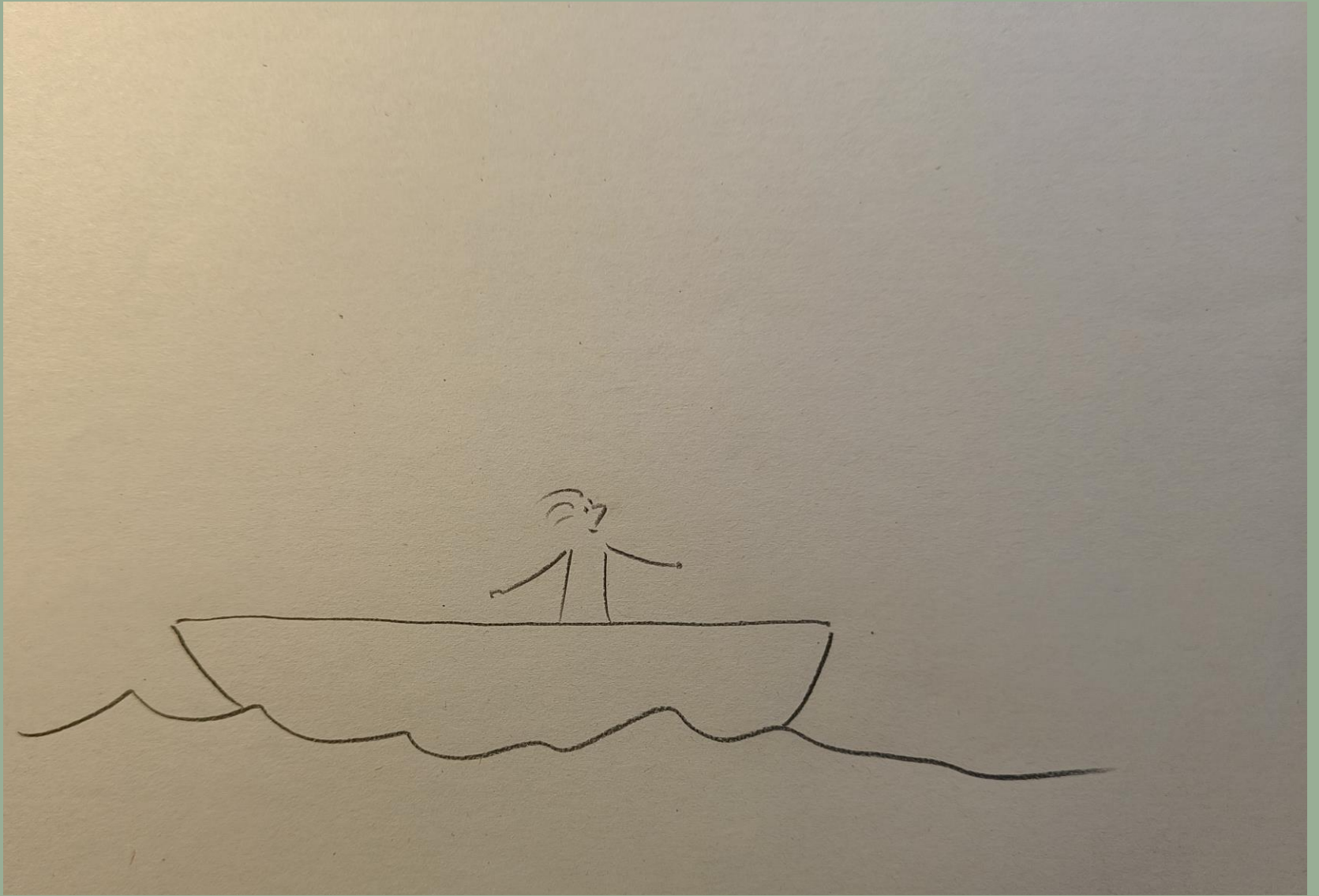
Privacy

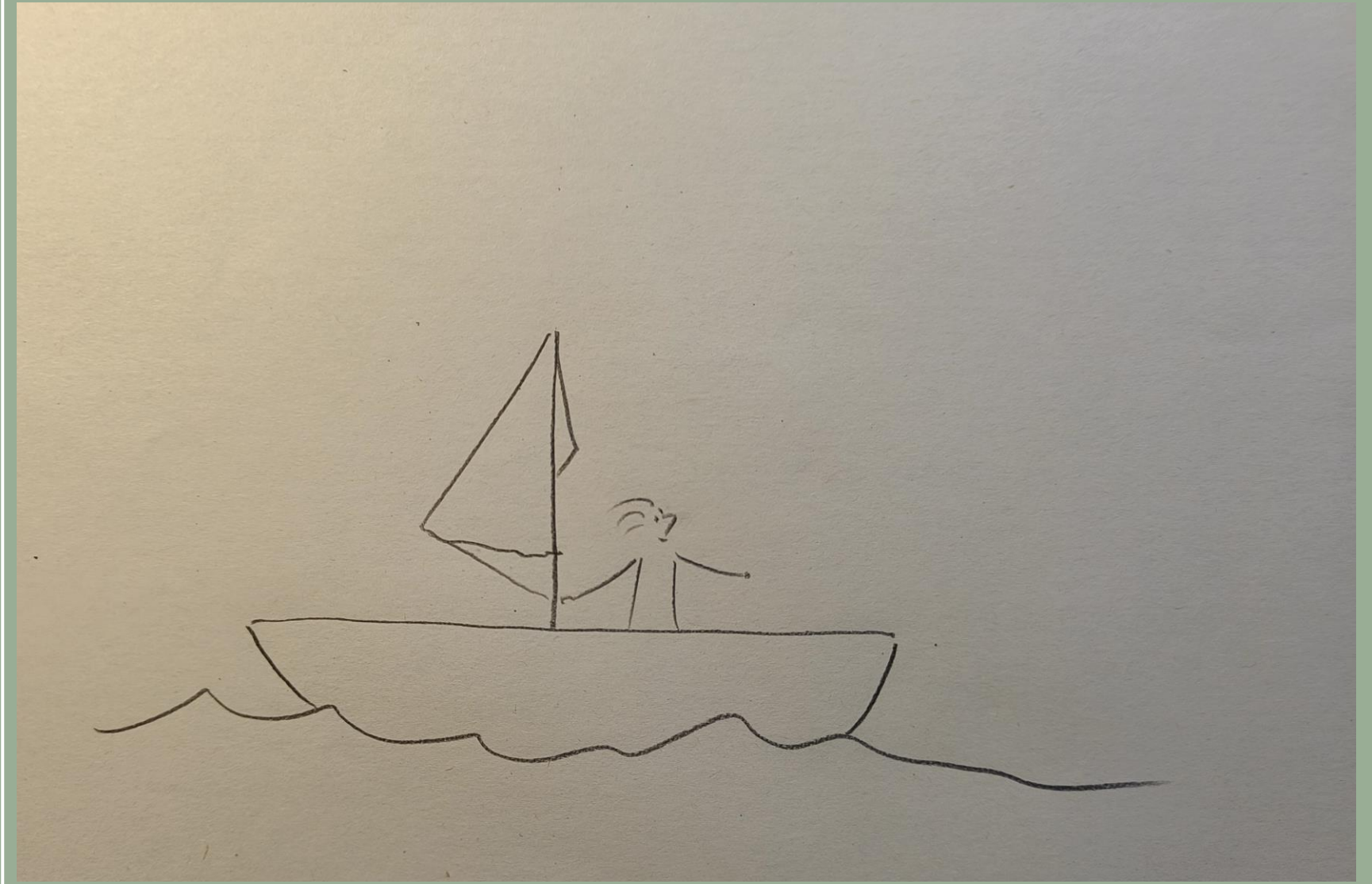
Contraception

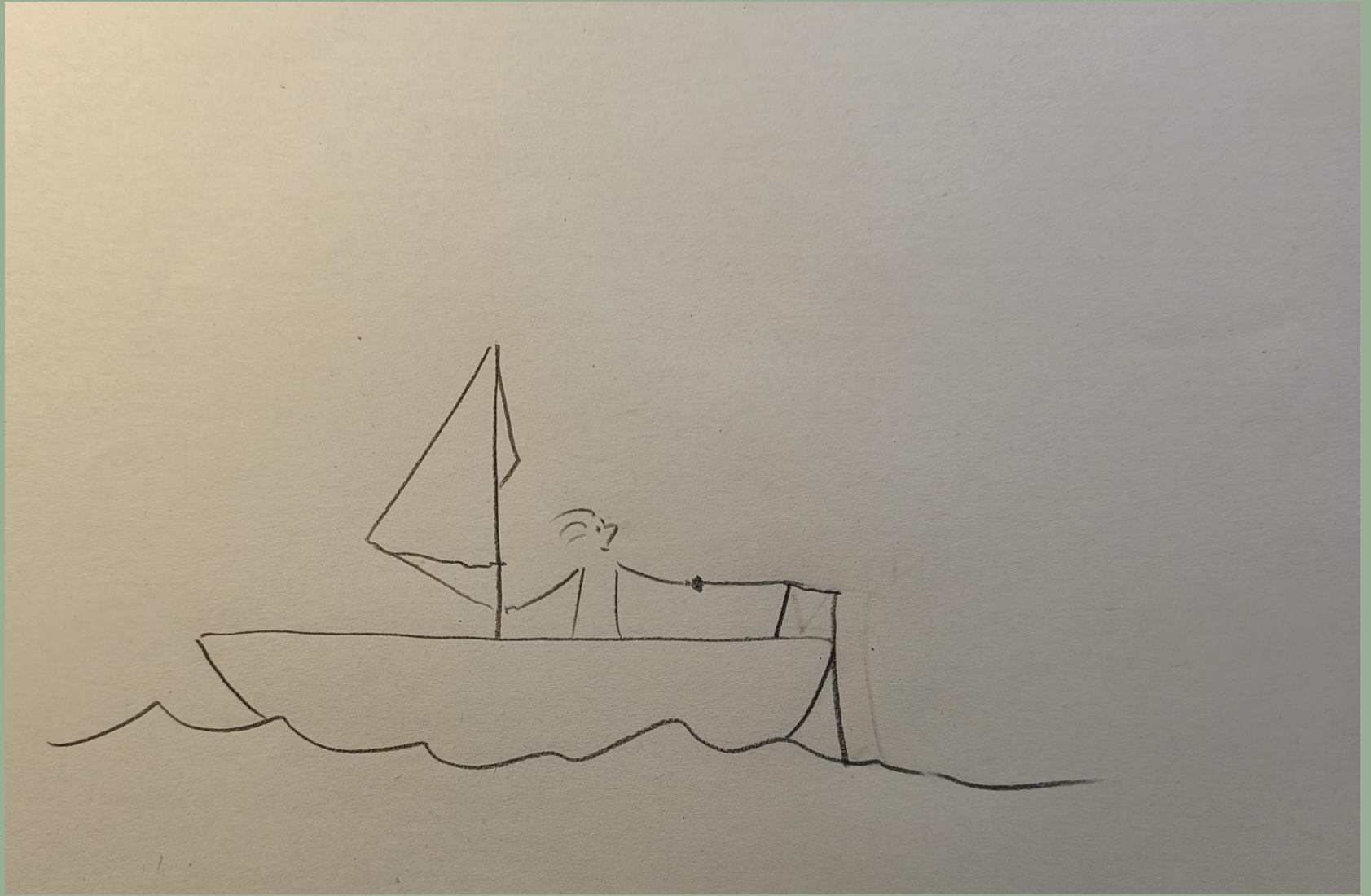
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THE FREEDOM OF THE OCEAN...









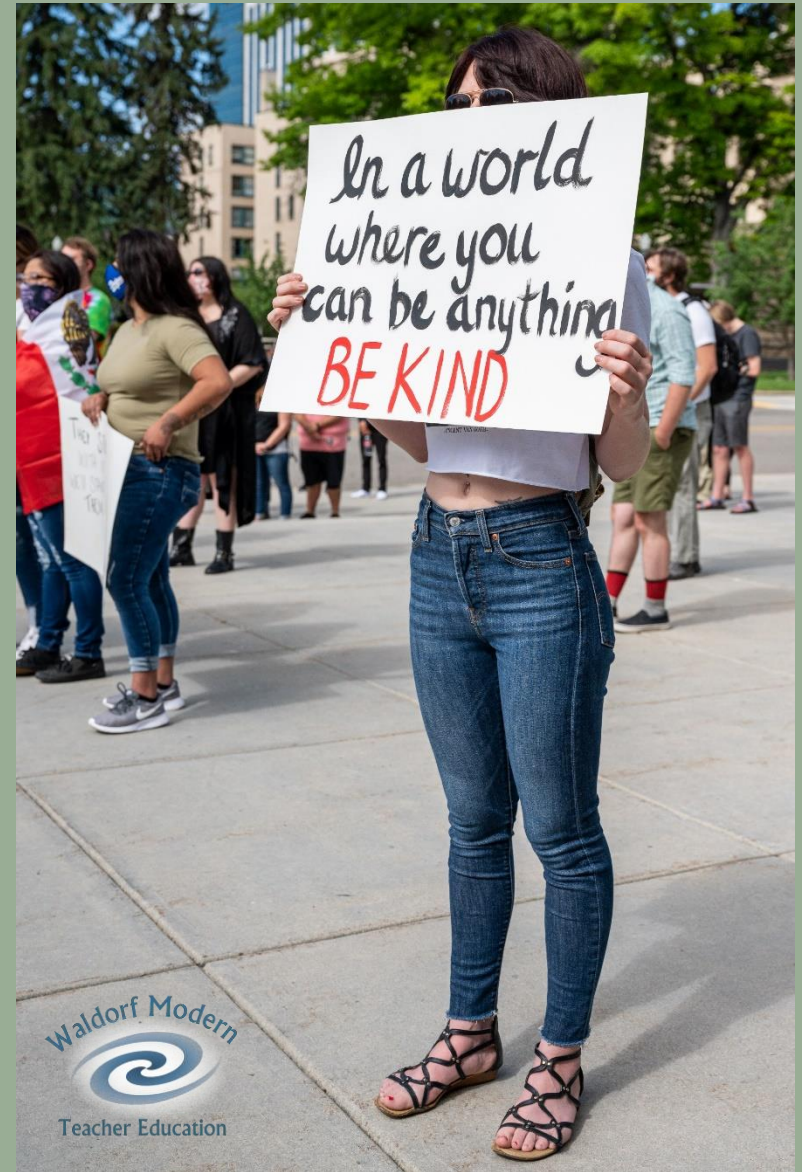



Kindness:

A quality where what matters is not your intention but your **impact**.

CREATING AN
ENVIRONMENT...

CREATING A
CURRICULUM.



Waldorf Modern

Teacher Education

INTERNATIONAL
CAMPUS
WALDORF