

The Viola Practice Camp Daily Schedule

The Day Begins

| | |
|--------------------|---|
| 9.30am to 10.30am | Group stretching, mindfulness, warm up/ technique/ scales |
| 10.30am to 11.15am | Practice Session 1 |

Break

| | |
|--------------------|--------------------|
| 11.30am to 12.15pm | Practice Session 2 |
|--------------------|--------------------|

Lunch

| | |
|------------------|---|
| 1pm to 1.30pm | Group session, how to practice better/ ninja tricks |
| 1.30pm to 2.15pm | Practice Session 3 |

Break

| | |
|------------------|--------------------|
| 2.30pm to 3.15pm | Practice Session 4 |
| 3.15pm to 4pm | Practice Session 5 |
| 4pm to 5pm | Group Masterclass |

The Day Ends