



JULIA CATHARINA EYDT

CONTACT






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 Villa Najork
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04109 Leipzig

OTHER QUALIFICATIONS AND FURTHER EDUCATION

- 2022
Certified specialist consultant for
intestinal health
German Society for Probiotic Medicine
- 2022
Training as a Yin Yoga teacher
Academy for Sport and Health
Leipzig
- 2021-2022
Study of Ayurvedic Medicine
Immanuel Hospital Charité Berlin
- 2020-2021
Business Course
Focus on Holistic Management,
Self- and external leadership
& New Work

INTERESTS & PASSIONS

-  Culture, Art & Literature
-  Photography
-  Psychology & Philosophy
-  Yoga, Kung Fu & Horse riding
-  Interior design & Art collection

PROFESSIONAL AND ACADEMIC EDUCATION

01/2023

Part-time studies in communication
psychology (B.Sc.)
IU International University

2018-2022

Master's degree in History (M.A.)
Dresden University of Technology
(degree average: 1,6)

2014-2018

Bachelor's degree in language, literature
and cultural studies (B.A.), German
Studies, Theology
Dresden University of Technology
(degree average: 1,6)

2011-2014

Bachelor's degree in nutrition sciences
(B.Sc.)
Martin-Luther-University Halle-
Wittenberg/ Apollon University of Applied
Sciences Bremen (degree average: 1,3)

2009-2011

Training as a state-certified occupational
therapist
European Training Centre for Work and
Society in Halle/Saale
(degree average: 1,0)

JULIA CATHARINA EYDT

VOLUNTARY COMMITMENT



Soroptimist International
Club Leipzig



Chamisso Prize of literature

PROFESSIONAL EXPERIENCE

- 2023
Publishing editor
THELEM University and Science
Publishing House Dresden
- 2021
**Founding of a nutritional therapy
practice in Leipzig**
- 2020
**Co-Founder & Cultural Manager of
> Eydt & Olivanti <
Leipzig/ Berlin**
- Since 2020
Cultural Manager
Multimedia cultural project "Synphonia"
in Leipzig, Dresden and Berlin
- 2019-2020
Publishing editor
St. Benno Publishing House
Leipzig
- 2019
**Founder & Owner of an independent
editorial office**
- 2018-2019
Research assistant
THELEM University and Science
Publishing House Dresden
- 2018-2019
Research assistant
Central European Centre for Political,
Economic and Cultural Studies (MEZ)
Director: Prof. Dr. Walter Schmitz
Dresden
- 2016-2018
Student assistant
Chair of Applied Linguistics
Prof. Dr. Joachim Scharloth
Dresden University of Technology
- 2014-2016
Research assistant
Notary's Office Heckschen & van de Loo,
Dresden
- Since 2013
**Work in nutrition counselling, prevention
and therapy**