

# Lang Sen



English menu

Welcome to Lang Sen.

Browse through our menu, which ranges from classic Asian dishes to vegan alternatives - there's something for everyone.

Don't miss out on our carefully prepared bowls and enjoy a taste of Vietnam with our traditional Pho soup.

We attach great importance to preparing all dishes fresh and with lots of love.

Enjoy your time with us and enjoy our food.

Your Lang Sen Team.

# Lunch menu

Including a peking soup  
monday – Saturday from 11:00 a.m – 5:00 p.m

M1	Fried noodles with vegetables (a, c, f)		7,90€
M2	Fried noodles with tofu (a, f)		8,60€
M3	Fried noodles with chicken fried or baked (a, d, k)		8,80€
M4	Fried noodles with beef (a, d, f)		9,20€
M5	Fried noodles with crabs (a, d, f)		9,50€
M6	Fried noodles with crispy duck (a, d, f)		9,80€
M7	Fried rice with vegetables (c, f)		7,90€
M8	Fried rice with tofu (c, f)		8,60€
M9	Fried rice with chicken fried or baked (a, c, d, f)		8,80€
M10	Fried rice with beef (c, d, f)		9,20€
M11	Fried rice with crabs (b, c, d, f)		9,40€
M12	Fried rice with crispy duck (a, c, d, f)		9,80€
M13	Fried chicken Chop Suey (d, f, i)		9,00€
M14	Fried chicken Szechuan (d, f, i)		9,20€
M15	Fried chicken Kung Pao with cashew nuts (d, f, h)		9,20€
M16	Fried chicken with red curry (d, f, g, i)		9,00€
M17	Crispy baked chicken including sauce of your choice (a, c, d, k)		9,50€
M18	Fried beef Chop Suey (d, f, i)		9,70€
M19	Fried beef Szechuan (d, f, i)		9,80€
M20	Fried beef Kung Pao with cashew nuts (d, f, h)		9,80€
M21	Fried beef with red curry (d, f, g, i)		9,70€
M22	Crispy baked duck including sauce of your choice (a, d)		10,00€
M23	Baked fish including sauce of your choice (a, d)		9,70€
M24	Fried tofu including sauce of your choice (a, f)		9,00€
M25	Chicken Bowl including sauce of your choice (a, f)		9,90€
M26	Vegan chicken with vegetables (a, f)		10,20€
M27	Vegan duck with vegetables (a, f)		10,90€

## Extra sauce: 1,50 €

peanut sauce (e, g)

mango sauce

red curry (g)

hoisin sauce (e, g)

sweet & sour sauce

dark sauce (f)

# Starters

- |    |  |   |       |
|----|--|---|-------|
| 1  | <b>Krupuk</b> (b)  |   | 3,50€ |
| 2  | <b>Vietnamese spring rolls</b> (a,b,c,d,f)<br>Minced meat, shrimp, egg, rice vermicelli and vegetables wrapped in rice paper and deep fried. |   | 4,90€ |
| 3  | <b>Summerrolls</b> (b)<br>Fresh ricepaper-rolls with rice vermicelli, fresh salad, asian herbs and tofu, chicken or crabs                    |    | 4,90€ |
| 4  | <b>Emperor roll</b> (a,f)<br>Vegetarian giant spring roll  |    | 4,90€ |
| 5  | <b>Mini spring rolls</b> (a,f)   |    | 4,00€ |
| 6  | <b>Wantan baked</b> (a,c,k)<br>Optionally with tofu or chicken   |    | 4,90€ |
| 7  | <b>Pekingsoup</b> (c)<br>Sour-spicy soup   |   | 4,00€ |
| 8  | <b>Wantansoup</b> (a,f)<br>Homemade dumplings with a choice of tofu or chicken in broth  |    | 4,50€ |
| 9  | <b>Glasnoodle soup</b><br>With chicken and mushrooms in broth  |   | 4,50€ |
| 10 | <b>Tom Yum Soup</b> (b,f,g)<br>Comes with tofu, chicken or shrimps   |  | 4,50€ |
| 11 | <b>Soy sprout salad</b> (f)<br>With chicken or shrimps   |   | 5,50€ |
| 12 | <b>Asian mixed salad</b> (f,k)<br>With mango strips, sprouts, fried onions, sesame   |  | 5,90€ |



# Chicken

All dishes come with seasonal vegetables and rice

- 13 **Fried chicken** 10,70€  
With a sauce of your choice: peanut sauce (e,g)  
hoisin sauce (e,f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)
- 14 **Fried chicken with morels** (d,f,i) 10,70€
- 15 **Fried chicken with bamboo & mushrooms** (d,f,i) 10,70€
- 16 **Fried chicken with lemongrass** (d,f,i) 10,70€
- 17 **Fried chicken with pineapple and cashew nuts** (d,f,h,i) 10,90€
- 18 **Fried chicken Szechuan** (d,f,i)  10,90€
- 19 **Fried chicken Kung Pao** (d,f,h,i) 10,90€  
With cashew nuts
- 20 **Fried chicken with 8 treasure** (b,d,f,i,n) 14,40€  
Chicken with beef, shrimps and various vegetables
- 21 **Crispy baked chicken** (a) 11,00€  
With a sauce of choice: peanut sauce (e,g)  
hoisin sauce (e,f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)
- 22 **Crispy baked chicken Szechuan** (a,c,d,f,i)  11,20€
- 23 **Crispy baked chicken Kung Pao** (a,c,d,h,i) 11,20€  
With cashew nuts



# Beef

All dishes come with seasonal vegetables and rice

24	<b>Fried beef</b>		11,90€
	With a sauce of your choice:	peanut sauce (e,g) hoisin sauce (e,f) mango sauce sweet & sour sauce red curry (g) dark sauce (f)	
25	<b>Fried beef with morels</b>	(d,f,i)	11,90€
26	<b>Fried beef with bamboo &amp; mushrooms</b>	(d,f,i)	11,90€
27	<b>Fried beef with lemongras</b>	(d,f,i)	11,90€
28	<b>Fried beef in onion leek vegetables</b>	(d,f,i)	11,90€
29	<b>Fried beef Szechuan</b>	(d,f,i) 	12,20€
30	<b>Fried beef Kung Pao</b>	(d,f,h,i) With cashew nuts	12,20€
31	<b>Fried beef with 8 treasures</b>	(b,d,f,i,n) Beef with chicken, shrimps and various vegetables	15,40€



# Duck

All dishes come with seasonal vegetables and rice

- 32 Crispy fried duck** (a) **13,00€**  
With a sauce of your choice: peanut sauce (e,g)  
hoisin sauce (e,f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)
- 33 Crispy fried duck Szechuan** (a,d,f,i)  **13,20€**
- 34 Crispy fried duck Kung Pao** (a,d,f,h,i) **13,20€**  
With cashew nuts
- 35 Crispy fried duck 8 treasure** (a,b,d,f,i,h) **16,40€**  
Duck with beef, chicken, shrimps and various vegetables



# Seafood

All dishes come with seasonal vegetables and rice

- 36 Fried prawns** (d, f) **13,70€**  
With a sauce of your choice: peanut sauce (e, g)  
hoisin sauce (e, f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)
- 37 Fried prawns with lemongras** (d, f, i) **13,70€**
- 38 Fried prawns bamboo & mushrooms** (d, f, i) **13,70€**
- 39 Fried prawns Szechuan** (d, f, i)  **13,90€**
- 40 Fried prawns Kung Pao** (d, f, i) **13,90€**  
With cashew nuts
- 41 Baked fish** (d) **12,40€**  
With a sauce of your choice: peanut sauce (e, g)  
hoisin sauce (e, f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)












# Vegetarian/Vegan




All dishes come with seasonal vegetables and rice

## Tofu & vegetables

- 42 **Fried vegetables Chop Suey** (f,i)  10,00€  
With a sauce of your choice: peanut sauce (e,g)  
hoisin sauce (e,f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)
- 43 **Fried Tofu** (f)  10,50€  
With a sauce of your choice: peanut sauce (e,g)  
hoisin sauce (e,f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)
- 44 **Fried Tofu Szechuan** (f,i)   10,70€
- 45 **Fried Tofu Kung Pao** (f,i,h)  10,70€  
With cashew nuts
- 46 **Fried tomato tofu** (f)  10,90€  
With various vegetables, ginger strips and cilantro
- 47 **Fried eggplant tofu** (f)  10,90€  
With various vegetables and sesame

## Vegan Chicken

Homemade regional vegan chicken strips from seitan

- 48 **Vegan chicken with lemongrass** (a,f)  12,00€
- 49 **Vegan chicken with bamboo & mushrooms** (a,f)  12,00€
- 50 **Vegan chicken with fried rice vermicelli** (a,f)  12,00€  
With cilantro and fried onions



## Vegan Duck

Crispy baked vegan duck made from seitan

- 51 **Crispy vegan duck** (a,f)  13,20€  
With a sauce of your choice: peanut sauce (e)  
hoisin sauce (e,f)  
mango sauce  
sweet & sour sauce  
red curry sauce  
dark sauce (f)
- 52 **Crispy vegan duck with bamboo & mushrooms** (a,f)  13,20€
- 53 **Crispy vegan duck with fried rice vermicelli** (a,f)  13,20€  
With cilantro and fried onions
- 54 **Crispy vegan duck with fried noodles** (a,f)  13,20€



# Rice/Noodles

55	<b>Fried noodles with vegetables</b> (a, f)		9,00€
56	<b>Fried noodles with tofu</b> (a, f)		9,70€
57	<b>Fried noodles with fried chicken</b> (a, d, f)		9,90€
58	<b>Fried noodles with crispy baked chicken</b> (a, d, f)		10,20€
59	<b>Fried noodles with beef</b> (a, d, f)		10,80€
60	<b>Fried noodles with shrimps</b> (a, b, d, f)		10,90€
61	<b>Fried noodles with crispy duck</b> (a, d, f)		11,90€
62	<b>Bami Goreng with Curry</b> (a, b, d, f) With Chicken and shrimps		11,00€



## Extra sauce: 1,50 €

peanut sauce (e, g)  
hoisin sauce (e, f)  
mango sauce  
sweet & sour sauce  
red curry (g)  
dark sauce (f)

63	<b>Fried rice with vegetables</b> (c, f)		9,00€
64	<b>Fried rice with tofu</b> (c, f)		9,70€
65	<b>Fried rice with fried chicken</b> (c, d, f)		9,90€
66	<b>Fried rice with crispy baked chicken</b> (a, c, d, f)		10,20€
67	<b>Fried rice with beef</b> (c, d, f)		10,80€
68	<b>Fried rice with shrimps</b> (b, c, d, f)		10,90€
69	<b>Fried rice with crispy duck</b> (a, c, d, f)		11,90€
70	<b>Nasi Goreng with Curry</b> (c, d, f) With Chicken and shrimps		11,00€

# Vietnamese

All dishes come with fresh cilantro, green onions, and sprouts

## Soups



Pho sup – Vietnamese Soup

Rice vermicelli in homemade broth with star anise, cinnamon, cardamom, cloves and ginger.

71	<b>Pho sup Tofu</b> (d, f)		10,80€
72	<b>Pho sup Chicken</b> (d, f)		11,00€
73	<b>Pho sup Beef</b> (d, f)		11,20€
74	<b>Pho sup Prawns</b> (b, d, f)		11,80€

Pho Sa te sup – Vietnamese Soup

A spicy variation of the Vietnamese Pho soup, enriched with a homemade hot satay oil.

71a.	<b>Pho sup Sa te Tofu</b> (b, d, f)		11,00€
72a.	<b>Pho sup Sa te Chicken</b> (b, d, f)		11,30€
73a.	<b>Pho sup Sa te Beef</b> (b, d, f)		11,50€
74a.	<b>Pho sup Sa te Prawns</b> (b, d, f)		12,00€

## Noodles & Rice

Pho xao – Fried rice vermicelli with fresh seasonal vegetables, Asian herbs and fried onions

75	<b>Pho xao Tofu</b> (d, f)		11,00€
76	<b>Pho xao Chicken</b> (d, f)		11,30€
77	<b>Pho xao Beef</b> (d, f)		11,70€
78	<b>Pho xao Prawns</b> (b, d, f)		12,40€
79	<b>Pho xao Duck</b> (a, d, f)		12,90€

Cha – Vietnamese meatballs refined with lime leaves, honey and lemongrass

80	<b>Com Cha Hoisin</b> (d, f)		11,30€
	Meatballs in hoisin sauce with vegetables and rice		
81	<b>Com Cha cà chua</b> (d, f)		11,30€
	Meatballs in a spicy sauce with tomatoes, vegetables and rice		

# Lang Sen Bowls

All our bowls come with a seasonal salad selection

1. Choose Bowl 2. Rice or rice noodles 3. Select a sauce

82	Bowl with tofu (f, k)		11,50€
83	Bowl with vegan chicken (a, f, k)		12,50€
84	Bowl with vegan duck (a, f, k)		13,50€
85	Bowl with vietnamese spring rolls (a, c, d, f, k)		11,70€
86	Bowl with chicken (a, f, k)		11,70€
87	Bowl with vietnamese meatballs (d, f, k)		11,70€
88	Bowl with beef (f, k)		12,00€
89	Bowl with crispy duck (f, k)		13,20€
90	Bowl with baked fish (a, d, f, k)		12,50€
91	Bowl with prawns (d, f, k)		13,70€



Tofu



Spring rolls



Duck

## Our Sauce

peanut sauce (e, g)

mango sauce






red curry (g)

hoisin sauce (e, g)

sweet & sour sauce

dark sauce (f)

# Dessert

92	<b>Baked banana with honey</b> (a,c)		4,50€
93	<b>Baked pineapple with honey</b> (a,c)		4,50€
94	<b>Mixed ice cream with 3 scoops</b> (g) Ice cream of choice: Green Tea Coconut Mango Vanilla		4,90€
95	<b>Extra scoop ice cream</b> (g)		2,00€
96	<b>Vietnamese coffee with homemade coconut cookie</b> (a)		5,50€



## Allergene

a)	Glutenhaltiges Getreide	h)	Schalenfrüchte
b)	Krebstiere und daraus gewonnene Erzeugnisse	i)	Sellerie und daraus gewonnene Erzeugnisse
c)	Eier und daraus gewonnene Erzeugnisse	j)	Senf und daraus gewonnene Erzeugnisse
d)	Fische und daraus gewonnene Erzeugnisse	k)	Sesamsamen und daraus gewonnene Erzeugnisse
e)	Erdnüsse und daraus gewonnene Erzeugnisse	l)	Schwefeldioxid und Sulphite
f)	Soja(bohnen) und daraus gewonnene Erzeugnisse	m)	Lupinen und daraus gewonnene Erzeugnisse
g)	Milch und daraus gewonnene Erzeugnisse	n)	Weichtiere und daraus gewonnene Erzeugnisse

Website: **[www.langsen-restaurant.de](http://www.langsen-restaurant.de)**

Telephone: **0451/ 7076969**



*Did you enjoy your meal? We look forward to your review.*