

「Sindhupalchowk County, Nepal
Training Center Construction
and Livelihood Improvement Support Project for Victims」

March 1, 2018～May 7,2019



Support Organization : Japan NGO Grant Aid



Implementing Organization : ICA Cultural Association

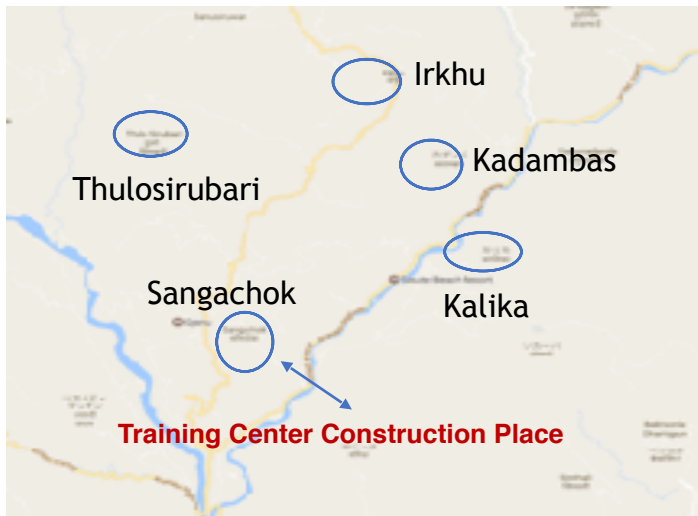
- ❖Field : Education · Human Resource Development
- ❖Priority Issues for International Cooperation : Poverty reduction in Asia projects
- ❖Business Location : 5 villages in Sindhupalchowk County, Bagmati, Nepal
- ❖Population : 30,217people/6,678households





Business area : 5 villages

- Sangachok Village
- Kadambas Village
- Thulosirubari Village
- Irkhu Village
- Kalika Village



Sindhupalchok, Nepal

Overall Goal: Establish a training center at Sangachok Village and support the livelihood improvement of victims, so they may live in the mountain village independently



Overview of Nepal

Project Cost : 32,224,633円 (yen)

Timeframe : February 2018~May 2019

Beneficiary :

Direct population 2,000people、

Indirect population 5,000people



Nepal has a population of 30.48 million、 with 81% of the population lives in rural areas. Nepal is 145th of 187 countries in the United Nations Human Development Index. Nepal's GDP per capita is about \$752. Most local residents suffer from poverty.



Village meeting

Village meetings usually take place under trees, and they stop when it rains



Sindhupalchowk County Earthquakes Damage Status

(Occurred on April 25, 2015)



A major earthquake destroyed about 95% of the houses in Sindhupalchowk District, killing 3,550 people (county population: about 280,000) and injured 2,101 people.

Sindhupalchowk District is located in a mountainous area with a high elevation of 850m to 7,080m, and reconstruction support is still not sufficient as of 2019.

After the Earthquake



- Transportation is poor and support from the government has not yet arrived.
- Poverty worsened as the death of livestock and the loss of farm equipment caused income to decrease.
- Solutions are needed to alleviate poverty for those belonging to low castes and ethnic minorities. In addition, there are few opportunities for women to receive education.

Effect of Training Center Construction

A one-story training center was built in Sangachok Village, which, considering earthquake resistance, is easily accessible from surrounding villages and has a large population. The center allowed residents to participate in local government agriculture training and technical guidance (sewing) for women.



Women who have had few opportunities to receive training so far are using techniques (sewing) to improve their income. In the future, the company aims to increase revenues by improving its technical capabilities and selling the products it has created.

Initiatives for Local Governments

Visit to the Minister of Women, Children, and the Elderly

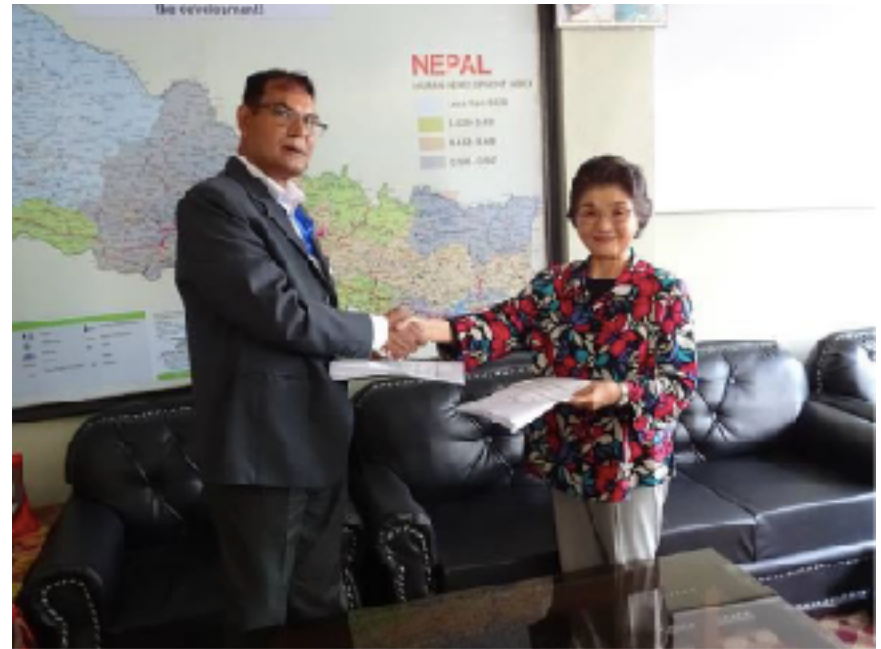
(Honorable Minister :Tham Maya Thapa)



Team with the Honorable Minister Tham Maya Thapa

Contract Signing Ceremony

Received a permit from Mr. Dilli Bhatta, General Secretary of the Social Welfare Council



Ms. Shizuyo Sato with Secretary of Social Welfare Council.

On May 2, 2019, ICA Nepal Representative Dr. Tatwa P. Timsina, and Chairman Sato visited and received a permit from Honorary Minister of Women, Children and Elderly Tham Maya Thapa, and SWC General Secretary Dilli Bhatta.

Training Center Construction Site





Mr. Okoshi is a building structural specialist who performs on-site supervision. He was dispatched to the site to provide guidance to Indra Sunar.

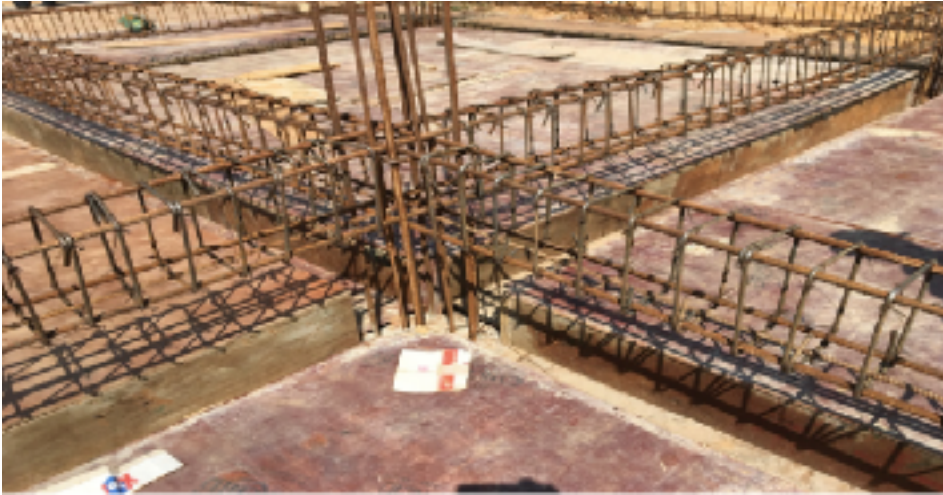


Excavation and finishing



A parliamentarian (left) also participates in the safety prayer construction site





Okoshi performs bar arrangement inspection



Concrete Slab Construction

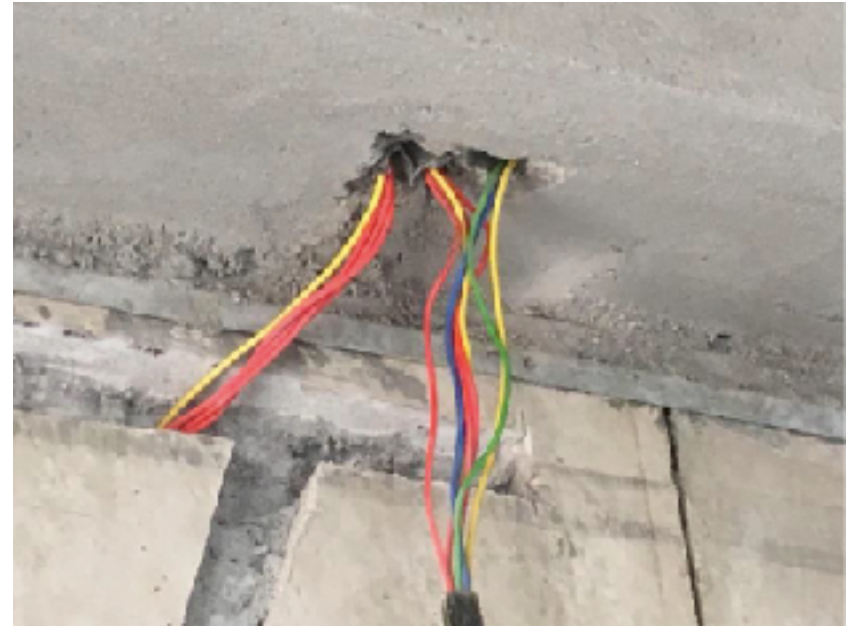
Construction is based on Nepal standards, but structural design is conducted in accordance with the US international building code (IBC) for earthquake-resistant buildings.



■ Measuring support beams



■ Interior electrical work



■ Terrace



■ Kitchen



Training Center after Completion



Completion of Training Center

The land of the training center will be purchased by ICA Nepal and handed over when it can be managed by the community after management training. The center gathers local communities, farmers, women, young people, and students and provides livelihood training for reconstruction, agriculture training, sewing, etc.



Training Hall

There is a training hall at the center, which provides technical training on sewing for local women. In April, 40 chairs and 10 tables were installed. Carpets were brought into the hall, and kitchenware was brought into the kitchen.



Center Management Training

18 local group leaders with local staff as instructors (① 6 - SHG、② 3 - Agriculture · Dairy group、③ 9 other center users: 3 - environmental protection group、3 - coffee production group、3 - sewing group with dressmaking experience。 During the training, the establishment of the Steering Committee, the usage of the center, and the operating costs were determined.

Cooperation system construction and regional development Training

- Mobilization seminar (Kick-off meeting) (30 villagers x 1day x 5 villages)

In order to gain the cooperation and understanding of the residents, a briefing session was held in which the village officials of the Village Development Committee (VDC), regional groups, and Sindhu Palkoke met together. The contents included understanding the purpose of the project, collecting basic community data, confirming the contents of activities, building the framework of related organizations, and understanding the project effect and sustainability.

- Regional development training for reconstruction (30 people x 3 days x 1 time)
 - Thirty leaders from five village groups gathered together to implement a regional development plan for reconstruction and poverty reduction.

Livelihood technology training

- Agricultural Technical Training (30 people x7 days x 5 times)
- Sewing Training (12 people x7days x4times)

Survey Resident Needs

Held a resident meeting to investigate the needs of residents in order to hear the opinions of residents before the local development meeting



Mobilization Seminar in Each Village



Mobilization Seminar in Each Village



Agricultural Technical Training

Conducted compost training using earthworms. Set up a compost near the training center.



Shiitake Mushroom Cultivation Training



Conducted training at Kadmbas Village



Placed oak trees in a plastic house to prevent direct sunlight

Agriculture Training

Participants received a certificate of completion after sowing compost and planting vegetable seeds at the demo farm.



Demo Farm

Composted and planted vegetable seeds



Composting Training

Guidance on compost was given by local agricultural experts



Pest Prevention Training

Cauliflower, tomato, lettuce and radish seeds germinated using organic fertilizer



Women's Technical Training Sewing Training

Shanta Shrestha, a local sewing technology trainer, provides technical guidance

-Phase 2 sewing trainee

-25 people participated in 10 days of training





Women's Technical Training Sewing Training

School bags were produced during sewing training. Participants were very satisfied and sold the finished product!



Regional Development Training for Disaster Recovery (30 people x 3 days)



Ideas from villagers gained during regional development

A. Future of the Village.

- Tourism agriculture.
- Animal breeding.
- Fish farming.
- Inheritance of culture and tradition.
- Mining research.
- District connected to capital Kathmandu.
- Create tourist spots. e.g. Jugallangtang Nation Park
- Rafting and bungee jumping bridge.
- Explore potential of medicinal herbs.
- Conservation of famous Bhelu Palchowki temple
- Low pollution levels.
- Many sources of drinking water.
- Supply electricity to all villages.

B. Key to developing the villages' futures

There is no need to move to another country for employment. Individuals will have the skills and be able to read and write in order get the opportunity to work in their own country.

C. The future of Sindhupalchowk.

- Appropriate education, health, drinking water and electricity.
- Development of modern agriculture and marketing.
- Science and vocational education system.
- Reduce family dependence in the community.
- End discrimination and violence against women.
- Develop self-employment.
- Reconstruction of buildings damaged by the earthquake.

D. A vision that villagers created together.

A village with a beautiful and thriving culture and employment due to diverse occupations

“B_e_a_u_t_i_f_u_l_P_r_o_s_p_e_r_o_u_s_
_C_u_l_t_u_r_a_l_l_y_D_i_v_e_r_s_e_a_n_d_
_U_n_e_m_p_l_o_y_m_e_n_t_F_r_e_e_
_S_i_n_d_h_u_p_a_l_c_h_o_w_k_”.

Management Training at the Training Center

About 18 local group leaders participated with local staff as instructors, a Steering committee was established, and a decision was made on how to use the center and collect operating expenses.

Number of Participants

- 6 - SHG
- 3 - Agriculture and Dairy Group
- 3 - Environmental Protection Group
- 3 - Coffee Group
- 3 - Sewing Group



Other Activities

ICA intern and staff visited the Embassy of Nepal in Japan and explained the project to the ambassador



Future reservoir construction project site



Reservoir construction survey



Completion Ceremony



