

TATTOO PREPARATION

Dear customers, cause of the fact that tattoos are staying forever it's very important that you come with the best preparation you can get, so the result can be the best as possible.

Those are **the tips:**

1. – Try to avoid having stress and stay out of the sun before your appointment. A **sunburn cannot be tattooed** on. -
- Also don't go to a tanning studio up until 6 weeks beforehand.
2. – **Get a good sleep in the night before** (I know, not really plannable)
3. – If you're feeling sick, **don't come** and communicate that as soon as possible
4. – In the morning or in the evening before while you **take a shower** try to **shave the part of your body** which is going to be tattooed with a **new, sharp, fresh razor**.
5. – get yourself a **good meal** before the appointment (i.e., a healthy and full breakfast) but please **avoid coffee, alcohol and/ or energy drinks and of course any kind of drugs**.
6. – If you want to use a local anesthetic, please talk to your tattoo artist beforehand! Most of the local pharmacies don't know about tattooing! If someone told you to use „**Emla ointment**“ against the pain **DON'T**
7. – choose comfortable, not fancy clothes!
 - + dark and black colours
 - + older not new clothes
 - + loose fitting
 - + If you're getting a Tattoo on a **delicate part** of your body think about a way to **cover yourself up** to make you and the artist, feel comfortable. (i.e., bring a bikini if you're getting an Underboob-tattoo)
8. – **Bring some food and drinks**. Sweet drinks and chocolate are very welcome! If the appointment takes several hours you will need something „real“ to eat! (i.e., Sandwiches)
9. – Maybe think about **some kind of entertainment** for yourself to keep you occupied. Staying in the same position for hours can be boring sometimes. It is absolutely accepted to bring headphones!
10. – Last but not least don't forget to bring enough cash with you. Unfortunately, we don't accept any other payment.

....and if you can't keep your appointment, please let me know as soon as possible! Tell me at least 48 hours before! Anything else isn't fair!

Thank you very much and I'm looking forward to see you in the studio!

