



SDJFC CONCUSSION PROTOCOLS FOR PARENTS/GUARDIANS

If your child receives a head-knock, they will be removed from play and assessed by a first aider. **They cannot return to play, even if they have no symptoms.**

The first aider will give you the WA Football Concussion Referral and Clearance form with Section 1 completed and your manager will send a copy to the club. This will be recorded in the WAFC Concussion Database and your child will be temporarily removed from the Team List.

You must take your child to a healthcare practitioner for assessment and give the healthcare practitioner the WA Football Concussion Referral and Clearance form to complete section 2. You must complete the final part of Section 1.

If the healthcare practitioner assesses that there is no concussion, it must be indicated on Section 2 of the WA Football Concussion Referral and Clearance form AND the healthcare practitioner must also provide an official medical clearance on practice letterhead. A copy of the completed Page 2 of the WA Football Concussion Referral and Clearance form and the official medical clearance must be sent to your manager. This information will be entered into the WAFC Concussion Database and the child will be returned to the Team List.

If a concussion is diagnosed, the healthcare provider will check the appropriate box on the WA Football Concussion Referral and Clearance form and provide medical advice. The child must follow all medical advice and the Graded Return to Play guidelines.

Once the child has been symptom free for at least 14 days, you need to return to the healthcare provider for assessment and have Section 3 of the WA Football Concussion Referral and Clearance form completed and an official medical clearance on practice letterhead issued. You must complete Section 4 of the WA Football Concussion Referral and Clearance form. A copy of Page 3 of the WA Football Concussion Referral and Clearance form and the official medical clearance must be sent to your manager. This information will be entered into the WAFC Concussion Database and the child will be returned to the Team List once 21 days have passed from the concussion.

Please note that all information must be received by COB Thursday in order for the player to be returned to the team list to play on that weekend.

Players will NOT be returned to the Team List until an official medical clearance and the WA Football Concussion Referral and Clearance form (with relevant sections completed) is received, whether a concussion is diagnosed or not.

Players diagnosed with concussion must wait 21 days from the date of the concussion AND be symptom free for at least 14 days (as verified by a healthcare practitioner).