

Publications

Katharina Sabernig

Online database / artwebsite

SABERNIG, KATHARINA: Database on *Tibetan Medical Terms*: (online since 2014, improved and extended regularly; up to now almost 10 000 entries)

<https://crossasia.org/en/service/crossasia-lab/tibetische-medizin-termini/>

SABERNIG, KATHARINA: knitted anatomical and pathological items <https://www.knitted-anatomy.at>

Published Images

view also: <https://www.knitted-anatomy.at/press/>

SABERNIG KATHARINA 2022. Gestrickte Anatomie – Knitted Anatomy. [Exhibition catalogue] Neue Galerie Graz 25.03.-03.07.2022. Kurator Günther Holler-Schuster. Kuratorische Assistenz Petra Hammer-Maier. Graz: Universalmuseum Joanneum, 56 pages.

SABERNIG KATHARINA 2022. [Resist the Virus] In: 2021 Cover Art Honorable Mentions: *academicmedicineblog* <https://academicmedicineblog.org/2021-cover-art-honorable-mentions/>

SABERNIG KATHARINA 2021. [Delta und Omikron – Mutationen] In: Die Schönheit des Stachels. *Frankfurter Allgemeine Zeitung*: 29.12.2021: Natur und Wissenschaft Nr. 303: N2.

SABERNIG KATHARINA 2021. [A Syringe as if it were the rod of Asclepius, CoViD 19 and the Gastrointestinal Tract]. In *OÖ Nachrichten*: 12.12.2021.

SABERNIG KATHARINA 2021. [eleven images with regard to CoViD 19] In: Peter Braunsteiner: OUTBACKINSIDE: Das Bilderbuch zur inneren Lage. Künstler*innenpublikation des Künstlerhaus. p. 140-143.

SABERNIG KATHARINA 2021. [Hope] Webseite der Arbeitsgruppe *Geschichte der Medizin und Medical Humanities*: <https://www.oeaw.ac.at/kgpw/arbeitsgruppen/geschichte-der-medizin-und-medical-humanities> (25.08.2021).

SABERNIG KATHARINA 2021. [Hope] In: MICHAEL STANLEY-BAKER and RONIT YOELI-TLALIM: Asian Medicine and COVID-19: Ethnologies, Histories, Reflections. *Asian Medicine* 16 (2021) 1–10.

SABERNIG KATHARINA 2021. [A Syringe as if it were the rod of Asclepius] *Der Standard*: 3.05.2021: Thema Corona-Pandemie. p. 5

SABERNIG KATHARINA 2021. [A Syringe as if it were the rod of Asclepius] *Frankfurter Allgemeine Zeitung*: 22.04.2020: Natur und Wissenschaft Nr. 98: N1.

SABERNIG KATHARINA 2021. [Cluster, Transmission and Immunity] *Hospitz aktuell* 1/21. p. 14-15.

SABERNIG KATHARINA 2020. [Approaching Viruses] Corona Tagebücher II – Corona Diaries II, *Curare* 43 (2020) 3+4: Cover.

SABERNIG KATHARINA 2020. [Approaching Viruses] Corona Tagebücher II – Corona Diaries II, *Curare* 43 (2020) 1+2: Cover.

SABERNIG KATHARINA 2020. [Humoral And Corpuscular Immune Response]. *Frankfurter Allgemeine Zeitung*: 14.10.2020: Natur und Wissenschaft Nr. 239: N1.

SABERNIG KATHARINA 2020. [Heart and Lung] *Das Österreichische Gesundheitswesen*. 61 (2020) 10: Cover.

SABERNIG KATHARINA 2020. [Small and Large Intestines, Cervical Carcinoma] *Textile Anschläge*, Blog by Monika Keller, July 1st. <https://textileanschlage.wordpress.com/2020/07/01/anatomy-meets-craft-meets-art/>

SABERNIG KATHARINA 2020. [Covid 19 And The Lung, Approaching Viruses, Chemotherapy in Times of Covid 19 and Social Distancing] *Der Standard* 03.06.2020 p. 16-17.

SABERNIG KATHARINA 2020. [Corona Virus]. <https://boasblogs.org/curarecoronadiaries/there-are-many->

[horrible-diseases-and-conditions-out-there/#comments](#)

SABERNIG KATHARINA 2020. [Chaos In The Body] Newsletter der Österreichischen Palliativmedizinischen Gesellschaft OPG.

SABERNIG KATHARINA 2020. [Chaos In The Body] *Profil*. 25.05.2020 p. 8
<https://www.profil.at/wissenschaft/coronavirus-gestrickt/400943927>

SABERNIG KATHARINA 2020. [Covid 19 And The Lung] <https://lifeofbreath.org/2020/04/a-pandemic-of-breathlessness/>

SABERNIG KATHARINA 2020. [Approaching Viruses]. 21.04.2020
<https://www.facebook.com/MedizinischeUniversitaetWien/photos/a.330940943649041/2902566733153103/?type=3&theater>

SABERNIG KATHARINA 2020. [Covid 19 And The Lung] Gestrickt den Sinnen Zugänglich gemacht: das Sars-CoV-2-Virus in der Lunge. *Frankfurter Allgemeine Zeitung*: 22.04.2020: Natur und Wissenschaft Nr. 94: N1.

Exhibited Images

SABERNIG KATHARINA 2021 [Einzelteile] Art.Action.Attitude: Körper — Body. www.meduniwien.ac.at/medical-comics

Books / doctoral thesis

SABERNIG, KATHARINA 2017a. Visualisierte Heilkunde: eine medizinanthropologische Studie zur Identifizierung der Wandbilder der medizinischen Fakultät des Klosters Labrang [Visualised Medicine: a Medical Anthropology Study for the Identification of Murals in the Medical College at Labrang Monastery]. Doctoral Dissertation: University of Vienna, 531 pages. <https://ubdata.univie.ac.at/AC14498862>

SABERNIG, KATHARINA 2007. Kalte Kräuter und heiße Bäder: die Anwendung der Tibetischen Medizin in den Köstern Amdos (Wiener ethnomedizinische Reihe: Band 5). Wien: Lit, 162 pages.

SABERNIG, KATHARINA 2002. Tiger bändigt Drachen: eine Anleitung zum besseren Verständnis für die Traditionelle Chinesische Heilkunde insbesondere der fünf Wandlungsphasen. Schiedlberg: Bacopa, 276 pages.

Peer-reviewed scientific articles

SABERNIG, KATHARINA (submitted) The Shel gong Shel phreng: a Treasure in the History of Tibetan Pharmacology. In GAENZLE, MARTIN, UWE NIEBUHR, MARKUS VIEHBECK, VERENA WIDORN (eds.). *Exploring Himalayan Cultural and Textual Heritage: The Legacy and Impact of René Nebesky-Wojkowitz*. Wien: Verlag der Österreichischen Akademie der Wissenschaften, (forthcoming). Print. Veröffentlichungen zur Sozialanthropologie; Band (?).

SABERNIG, KATHARINA (accepted: 2021?) Gesundheit-Krankheit-Tod in der Tibetischen Medizin. In Tanja Pommerening/Jochen Althoff (eds.), *Lebendig oder tot, gesund oder krank. Der menschliche Körper in vormodernen Kulturen* Darmstadt: Wiss. Buchgesellschaft, Sonderband in der Reihe „Antike Welt“, Darmstadt 2021.

SABERNIG, KATHARINA 2020. The Tree of Nosology. In *Cultural Systems of Classification: Sickness, Health and Local Epistemologies*. Edited by ULRIKE STEINERT. London and New York: Routledge: 233-257.

SABERNIG, KATHARINA 2019a. Metaphors in the Tibetan Explanatory Tantra. *Religions* 10: 346: 1-22.

SABERNIG, KATHARINA 2019b. Visceral Anatomy as Depicted in Tibetan Medicine. In *Knowledge and Context in the Tibetan Medical Tradition*. PIATS 2016: Proceedings of the Fourteenth Seminar of the International Association for Tibetan Studies, Bergen 2016. edited by WILLIAM A. MCGRATH. Leiden: Brill: 111-139.

- KARMA YESHI, YANGBUM GYAL, KATHARINA SABERNIG, JIGME PHUNTSHO, TAWNI TIDWELL, TENZIN JAMTSHO, RINCHEN DHONDUP, ELIOT TOKAR, and PHURPA WANGCHUK 2019c. An integrated medicine of Bhutan: Sowa Rigpa concepts, botanical identification, and the recorded phytochemical and pharmacological properties of the eastern Himalayan medicinal plants. *European Journal of Integrative Medicine* 29: 1-15.
- SABERNIG, KATHARINA 2017b. Vulnerable Parts: Locating and Defining Vital Areas of the Body in Tibetan Medicine. *Asian Medicine* 12: 86-118.
- SABERNIG, KATHARINA 2016a. Anatomical Structures and the Structure of Anatomy in Tibetan Medicine: the Fourth Chapter of the Explanatory Tantra in its Commentaries. *Curare* 39/1: 22-32.
- SABERNIG, KATHARINA 2014a. Medical Murals at Labrang Monastery. In *Bodies in Balance: the Art of Tibetan Medicine*. Edited by THERESIA HOFER: New York and Seattle: Rubin Museum of Art and University of Washington Press: 221-225.
- SABERNIG, KATHARINA 2014b. Tibetan Materia Medica in Dispute: Pharmacological Achievements of Dar-mo sman-rams-pa Blo-bzang Chos-grags. *Curare* 37/2: 100-112.
- SABERNIG, KATHARINA 2012. On the history of the murals in the medical college of Labrang. *Asian Medicine* 7/2: 358-383.
- SABERNIG, KATHARINA 2011a. The substitution of rare ingredients in traditional Tibetan medicine on the basis of classical Tibetan texts, their use in modern formularies and a case study from Amdo/Qinghai. *Curare* 34/1+2: 83-96.

Non-peer-reviewed publications

published

- SABERNIG, KATHARINA 2021. Gender Related Symptoms in Tibetan Medical Practice. *Expressions of Gender in the Altaic World: Proceedings of the Permanent International Altaistic Conference (PIAC) 56* in Kocaeli, Turkey, 2013 (cf. <https://www.altaist.org/proceedings/>).
- SABERNIG KATHARINA 2018a. Neurological Metaphors in Tibetan Medical Language. In *Grenzgänge zwischen Medizin, Ethnologie und Psychologie: Für Ekkehard Schröder zum 75. Geburtstag*. Edited by KATHARINA GREIFELD, WOLFGANG KRAHL, HANS JOCHEN DIESFELD and HANNES STUBBE. *Curare* 41/3+4: 141-148.
- SABERNIG KATHARINA 2018b. Illustrations depicting the environment around the mythical city of Tibetan medicine. In PAVEL GROKHOVSKIY (ed.) *Modernizing the Tibetan Literary Tradition*. St. Petersburg University Press: 169-180.
- SABERNIG, KATHARINA 2013a. Tibetan Medical Paintings illustrating the bshad rgyud. *Zentralasiatische Studien* 42: 61-82.
- SABERNIG, KATHARINA 2011b. The Medical College at Labrang Monastery in Eastern Tibet: a Historical and Ethnomedical Study and Documentation of 19 Murals Illustrating the bshad rgyud. *Viennese Ethnomedicine Newsletter* XIV/1: 17-24.
- SABERNIG, KATHARINA 2005. External Treatments at Kumbum Monastery Hospital. *Viennese Ethnomedicine Newsletter* VII/3: 7-15.
- SABERNIG, KATHARINA 2004. Warm Up the Cold – Take Out the Heat: Modern Practice of Traditional Tibetan Pharmacology in Amdo. *Viennese Ethnomedicine Newsletter* VI/3: 3-9.
- SABERNIG, KATHARINA 2001. 'The heart is the home and the brain is the working office of the soul': Report on Tibetan Medicine. *Viennese Ethnomedicine Newsletter* III/2: 25-31.

published in China

- KATHARINA, SABERNIG 2016b. Description and depiction of inner organs in classical and modern works". In *Lha Idan sman rtsis khang dbu brnyes nas lo ngo brgya 'khor ba'i rgyal spyi'i rig gzhung gros tshogs 'dzam*

gling krung gso mthun tshogs bod kyi gso rig ched las lhan tshogs kyi skabs gnyis pa'i lo tshogs dpyad rtsom phyogs bsgrigs. [100th Anniversary Celebrations of the Men-Tsee-Khang & the Second Annual Conference of the Tibetan Medicine Committee of the World Federation of Chinese Medicine Societies" held in Lhasa 2016]. Lha sa: 1577-1582.

Sabernig, Katharina 2015. On a New Database of Tibetan Pharmacological and Anatomical Terms. In *The Proceedings of the Establishing Meeting for Speciality Committee of Tibetan Medicine of the World Federation of Chinese Medicine Societies and First Annual Conference* [’dzam gling krung mthun bod gso mthun tshogs gsar ’dzugs] Xining, August, 7-10. Xining: 675–81.

Conference reports

KATHARINA, SABERNIG 2017c. Transforming Tibetan Anatomy (12./13.06.2014): Institut für Sozialanthropologie der ÖAW in Wien; *Curare* 38/4: 296-98.

KATHARINA, SABERNIG 2017d. Comparative Perspectives on Body Materiality and Structure in the History of Sinitic and East Asian Medicines (2.-4.10.2015): University of Michigan, Ann Arbor. *Curare* 38: 298-301.

KATHARINA, SABERNIG 2017e. 100th Anniversary Celebration Conference of the Lhasa Men-Tsee-Khang & Second Annual Conference of Tibetan Medicine Committee of WFCMS (Lhasa August 20-22, 2016); Himalaya, the Journal of the Association for Nepal and Himalayan Studies: Vol. 37 : No. 2 , Article 20. 37: 126-128: [reprinted in 2018: Tibet Journal 43(1): 175-178].

Book reviews

KATHARINA SABERNIG 2019d. THERESIA HOFER 2018. *Medicine and Memory in Tibet. Amchi Physicians in an Age of Reform*. Seattle, University of Washington Press, 304 pages. *Curare* 42/1+2: 161-162.

KATHARINA SABERNIG 2015. GYATSO, JANET. 2015. *Being Human in a Buddhist World: An Intellectual History of Medicine in Early Modern Tibet*. New York, Columbia University Press, 519 pages. *ISIS* 107/1: 148.