

## MAHA PRAJNA PARAMITA HEART SUTRA

Avalokitesvara Bodhisattva practicing deep Prajna Paramita

Clearly saw that all five conditions are empty

Thus, was relieved from all suffering and fear.

O Shariputra, form is no other than emptiness, emptiness no other than form;

Form is exactly emptiness, emptiness exactly form.

Sensation, perception, discrimination, consciousness are likewise like this.

O Shariputra, all dharmas are forms of emptiness,

Not born, not destroyed, not tainted, not pure, without gain, without loss;

So in emptiness there is no form, no sensation, perception, discrimination,  
consciousness;

No eye, ear, nose, tongue, body, mind;

No color, sound, smell, taste, touch, phenomena;

No realm of sight and so forth until no realm of consciousness.

No ignorance, and no extinction of it, and so forth until no old age and death  
and extinction of them.

No suffering, no cause of suffering, no extinguishing, no path, no wisdom and  
no gain.

With nothing to attain, the Bodhisattva lives Prajna Paramita.

With no hindrance in the mind, there is no hindrance, therefore no fear exists.

Far beyond deluded thoughts, this is Nirvana.

All past, present and future Buddhas live Prajna Paramita

And therefore, attain Anuttara Samyak Sambodhi!

Therefore know, Prajna Paramita

is the great mantra

is the great bright mantra

is the supreme mantra

is the unsurpassable mantra.

It is capable of relieving all suffering.

This is true, not false.

So proclaim the Prajna Paramita Mantra

Proclaim this mantra and say:

Gate Gate Paragate Parasamgate

Bodhi Svaha!

*After the dedication of merit:*

All: All Buddhas throughout space and time

All Bodhisattva Mahasattvas

Maha Prajna Paramita